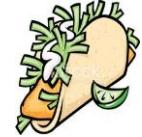


JANUARY CONGREGATE MENU

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				2 <u>CENTER CLOSED</u>
5 BBQ Chicken Tenders Spinach Yams & Apples Whole Wheat Roll Margarine Fresh Orange Milk	6 Pork Chops w/Mushrooms Italian Green Beans Mashed Potatoes Sliced Wheat Bread Margarine Fresh Apple 100% Fruit Juice	7 HM Chili Whole Kernel Corn Cauliflower Fresh Pear Buttermilk Biscuit w/honey Margarine Milk	8 Open-Face Turkey Pot Roast Sweet Peas Redskin Mashed Potatoes Texas Toast Half Margarine Diced Peaches 100% Fruit Juice	9 Chicken Caesar Wrap W/ Romaine & Parmesan Cucumber Slices w/dip Fruit Cocktail Tortilla Wrap Milk
12 Ham, Bacon Frittata W/ Cheese, Peppers & Onions Roasted Redskin Potatoes Warm Cinnamon Apples Mini Muffin Milk	13 HM Creamy Tortellini & Sausage Soup Vegetable Blend Lima Beans Applesauce Corn Muffin Margarine 100% Fruit Juice	14 Roasted Chicken Breast Italian Veggie Blend Glazed Carrots Pear Hawaiian Roll Margarine Milk	15 Creole Steak Veggie Blend Sliced Beets Golden Delicious Apple Potato Roll Margarine 100% Fruit Juice Cookie Of the Month	16 Crispy Fish Taco w/Fresh Corn Salsa Au gratin Potatoes Cole Slaw Pineapples Tortilla Shell Milk 
19 	20 HM Sloppy Joes Veggie Blend Broccoli Florets Apple WG Bun Margarine 100% Fruit Juice	21 	22 HM Liver & Onions w/Gravy Mashed Potatoes Sweet Peas Biscuit Applesauce 100% Fruit Juice Margarine Birthday Cake 	23 HM Artisan Mac and Cheese French Cut Green Beans Sliced Carrots Wheat Roll Mandarin Oranges Margarine Milk
26 	27 HM Chicken Salad Fresh HM Cucumber Salad Fresh Broccoli Bites w/dip Mango & Papaya Croissant 100% Fruit Juice	28 Chicken Cacciatori Mixed Greens Spaghetti Corn Bake Golden Apple Margarine Milk	29 HM Turkey Pot Pie w/ Stewed Vegetables Green Beans Warm Peaches Biscuit 100% Fruit Juice 	30 Pub Burger w/Cheese Potato Wedges Vegetable Blend Diced Pears Multi-Grain Bun Ketchup & Mustard Milk 

PLEASE CALL THE DAY BEFORE 1:00 P.M. TO ORDER LUNCH – (810)659-4735
YOU ARE ABLE TO ORDER MULTIPLE DAYS IN ADVANCE!