



Our Perspective

for the 50+ generation

Monthly Publication brought to you by the Flushing Area Senior Center

November 2026

Welcome!

Our Mission

The Flushing Area Senior Center is a community focal point where adults who have achieved the age of 50 come together for service and activities that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence and encourage their involvement in and with the Center and the community.

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These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.



The Flushing Area Senior Center

106 Elm Street, Flushing MI 48433

Phone: 810.659.4735

Fax: 810.659.4686

Email: greg@flushingseniorcenter.com

Website: www.flushingseniorcenter.com



www.facebook.com/flushingseniorcenter/

Special Events

Watercolor Basics

w/Christie Macclomel

Wednesday, November 4th - 9:30 a.m.

Join Christie as you learn the fundamentals of watercolor using basic techniques that all artists use in their everyday painting!

Cost - \$10.00

Call (810)659-4735 to RSVP

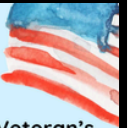
Aloha



Recommended Supply List

- Paper - 11" x 14" Arches Cold Pressed Block
- Brushes - Large Bristle Brush, Rigger, Flat, Round
- Box of Inexpensive Tissue
- Container for Water
- Palette
- Paint - Artists' Grade Recommended
 - Dark Green (Shadow)
 - Dark Blue (Cobalt)
 - Dark Brown (Burnt Umber)
 - Yellow (Transparent Lemon)
 - Red (Primary Red Magenta)
 - Gray (Paynes Gray)
- Recommended Brands
 - M. Graham / Holbein / Winsor & Newton
 - Daniel Smith / MaimeriBlu / Sennelier

Reminder: Annual Veteran's Appreciation Luncheon
Tuesday, November 10th - (RSVP Required)



We'd like to remind everyone that our Annual Veteran's Appreciation Luncheon is coming up on Tuesday, November 10th. This special event is one of the highlights of our year, featuring a keynote speaker, live entertainment, a catered lunch, and a variety of door prizes.

If you would like to show your support for our local veterans, we welcome donations of \$25 gift cards from local stores or restaurants. These will be given out as additional door prizes during the luncheon.

We would be happy to recognize your name or business when the donated gift is awarded, if you'd like. Gift cards can be dropped off at the center anytime between now and Friday, November 6th.

Thank you in advance for helping us honor our local veterans!

FASC PRESENTS



VETERAN'S APPRECIATION LUNCHEON

Tuesday, November 10th @ 11:00 a.m.

(Registration begins @ 10:30 a.m.)

FREE LUNCH - EACH VETERAN & ONE GUEST

RESERVATIONS REQUIRED. PLEASE CALL THE CENTER
BY FRIDAY, NOVEMBER 3RD - (810)659-4735

Location - Flushing Community Church
9500 Pierson Road, Flushing

Entertainment - Mary & Jerry

MENU - OVEN FRIED CHICKEN, PARMESAN MEATBALLS, HERB ROASTED RED SKIN POTATOES,
BAKED MOSTACCIOLI, SOUTHERN STYLE GREEN BEANS, GARDEN TOSSED SALED,
BOW TIE PASTA SALAD, GLAZED FRUIT SALAD, BREAD, AND ASSORTED PIES

SPECIAL THANKS
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HAM GROUP REALTY / BUECHE'S FOOD WORLD

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TO THE FOLLOWING
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Special Events

FASC DAY TRIP SOARING EAGLE CASINO



Each passenger receives:

- \$20 Premium Play pre-loaded on your ACCESS club card!
- 5000 points = \$10 for food!
- 5000 points = \$10 for Bingo!
- If you earn 600 points you receive and extra \$10 Premium Play!

**THURSDAY,
NOVEMBER 12TH**

**COST
\$10.00**



**FASC BUS LEAVES
MEMORIAL HEALTHCARE
PARKING LOT @ 8:30 A.M.
& RETURNS @ 3:30 P.M.**

Seating is limited. Payment secures seat. **Reservations will be accepted beginning November 2nd.**
Call (810)659-4735.

A Decade of Epilepsy



with Jon Nigrine

Monday, November 16th @ 10:00 a.m.

Jon experienced his first seizure more than a decade ago, at age 52. At the time, it seemed to be a one-time incident, as can sometimes happen. However, the seizures eventually returned, beginning a complicated journey that he will share with us.



Entertaining Appetizers

with Chef Jay Jacobs

Wednesday, November 18th @ 10:00 a.m.

**Cost
\$25.00**

**Participation is limited.
Call (810)659-4735 to RSVP.**

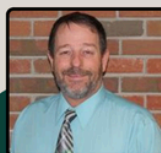
Members will explore, create, and taste various appetizers which would be used for entertaining a small party.

COFFEE TALK

w/ Mayor Ed Sullivan

Monday, November 23rd @ 2:00 p.m.

Come join us to receive the latest updates as well as ask questions of the Mayor along with representatives of City Council.



This Meet & Greet is informational only.
FASC does not support/endorse politicians, candidates or parties.



JOIN US FOR A THANKS GIVING Luncheon

Free of Charge!

Seating is Limited
Call to (810)659-4735
to reserve your seat
beginning November

**Tuesday, November 24th
11:30 a.m. - 12:30 p.m.**

MENU

TURKEY BREAST W/ GRAVY, MASHED POTATOES
CHEF GAREY'S FAMOUS GREEN BEANS
HM MAC & CHEESE, WHEAT ROLL
HOLIDAY COOKIE, FRUIT JUICE, PUMPKIN PIE

Karaoke



PARTY!

Come join the fun! Belt out your favorite tunes while enjoying delicious mocktails and tasty snacks. It's the perfect opportunity to sing, sip, snack, and have a great time!

**Monday,
November 30th
@ 2:00 p.m.**

**Cost - \$5.00
Call to RSVP
(810)659-4735**



MEDICARE OPEN ENROLLMENT OCTOBER 15TH – DECEMBER 7TH

A local Medicare Counselor can:

- Help compare your current Medicare health plan with other Medicare choices
- Help you sign up for a new plan
- Help you avoid high-pressure sales tactics

Call the center to make an appointment.
(810)659-4735

Free of Charge!



The Old Newsboys of Flint are collecting the following for children newborn to age 18: hats, scarves, mittens, gloves, books, toys, games, stuffed animal, school supplies, fleece blankets, socks, and underwear.

You can also sponsor a child for \$20. Donations can be dropped off at the center up through Friday, December 18th.

FASC Q&A

Curious about the Flushing Area Senior Center? We're here to help! Below, we've answered some of the questions we hear most often about our membership, funding, programs/services, and more.

- How active is the Center in terms of membership and participation? During the past fiscal year, FASC served 2,155 members age 50 and older, who collectively participated in 40,651 programs, activities, and events. In a typical month, the Center offers approximately 60 different programs, classes, and events with 85%-90% having no out-of-pocket cost.
- How much funding does the Center receive through the Senior Millage? During the past fiscal year, FASC was eligible to receive \$216,646 in Senior Millage funding.
- How much of the Center's operating and programming expenses are covered by the Senior Millage? Over the past five years, Senior Millage funding has covered an average of 63% of the Center's total expenses.
- Where does the Center receive its remaining funding? In addition to Senior Millage funding, FASC relies on membership donations, memorial contributions, and other individual donations. Additional funding comes from grants, including Community Development Block Grants provided by the City of Flushing, Flushing Township, and Clayton Township. The Center also receives contributions through the United Way, as well as in-kind donations from the City of Flushing.
- How much are annual membership dues? FASC does not require membership dues. Members who wish to financially support the Center may make an optional annual donation of \$12. This contribution is entirely voluntary, and choosing not to donate does not restrict a member's participation in any Center programs or activities.
- What percentage of members make the annual \$12 donation? During the 2025 calendar year, approximately 38% of FASC members made the voluntary annual \$12 donation. We are grateful to everyone who chooses to support the Center financially.
- What do membership donations help cover? Membership donations help offset a variety of operating and programming expenses not covered by Senior Millage funding. These expenses may include utilities, facility insurance, program supplies, and seasonal lunches. Membership donations do not fund staff wages.

Have additional questions? Please don't hesitate to contact Greg Matheson, Center Director, at any time!

Exercise Programs

Basic Flow Yoga Gold

Tuesdays & Thursdays at 10:00 a.m.

Yoga Mat Required

Instructor: Rhonda Straley

Includes gentle flow sequence with breathing breaks between each sequence. Class is dynamic in nature and requires the ability to move from lying down, kneeling, and standing postures.

Beginning Line Dancing

Each Monday at 9:00 a.m.

Instructor: Darci

Learn the basic steps. Focus on simpler dances. Line Dancing provides heart healthy benefits of an aerobic exercise while engaging in a social activity and stimulates the mind!

Body Balance & Mobility

Wednesdays at 9:30 a.m.

& Fridays at 10:30 a.m.

Instructor: Theresa Landis

This class is movement-based training to improve balance & coordination to prevent falls. Exercises are performed seated in a chair and standing up using the chair for support.

Chair Volleyball

Tuesdays & Fridays at 12:30 p.m.

Chair Volleyball is similar to regular volleyball, but with a smaller court and lower net, while seated during the match.

Chair Yoga

Wednesdays @ 1:00 p.m.

Instructor: Machel Duprey

Chair Yoga offers gentle stretching, breathing, and relaxation exercises using a chair for support. This class is perfect for improving flexibility, balance, and is suitable for all ability levels!

Drums Alive

Mondays & Wednesdays at 11:00 a.m.

Instructor: Tobin Williams

Combining the benefits of a traditional fitness program with the brain affected benefits of music and rhythm. Fun and fitness go together in this class. Buckets, balls and sticks provided!

Exercises for Everyday Living

Tuesdays & Thursdays at 8:30 a.m.

Instructor: Darci

Uses basic movement to strengthen balance, posture, flexibility, and coordination. Uses a chair, so there is no reason not to exercise!

Exercise Station

Monday Through Friday

8:00 a.m. - 4:00 p.m.

The center has a variety of pieces of exercise equipment including a recumbent bike, a rowing machine and an airdynne bike. Come join us at your leisure while watching TV or listening to music.

Pickleball @ E.C.C.

Mondays & Thursdays

11:00 a.m. - 1:00 p.m.

Free of Charge

All abilities welcome!

Pickleball Informational Meeting

Wednesday, November 18th @ 3:15 p.m.

All members must attend a one-time informational meeting at the center prior to participation. No RSVP required.

Silver Sneakers Stability

Tuesdays at 2:00 p.m.

Instructor: Abbie Mars

This class will help you be stronger, improve your balance, and decrease your risk of falling while helping protect your independence, reduce body fat, improve mobility, endurance & coordination.

Tai Chi

Thursdays at 1:00 p.m.

Instructor: Darci

Tai Chi is a slow-moving exercise that helps with balance, focus, body control, stress relief and is good for people with arthritis. With a little patience and time, you will start to notice a difference and have a little fun!

Total Body Senior Fitness

Mondays @ 5:30 p.m.

Instructor: Theresa Landis

Designed for seniors seeking a well-rounded workout and who can safely get down to and up from the floor independently. This class combines simple aerobic steps, functional movement, and brain-boosting exercises to enhance coordination between mind and body. Please bring an exercise mat.

Fun & Games

Bunco

Thursdays at 2:00 p.m.

Bunco is a dice game that is easy to learn the first time you play, no experience necessary!

Cornhole

Thursdays at 2:15 p.m.

Looking for new and experienced players to join in our new weekly cornhole game.

Dominoes

Mondays at 12:30 p.m.

Come and play Mexican Train Dominoes. No experience necessary!

Euchre

Tuesdays & Thursdays at 1:00 p.m.

Play using standard Euchre rules. New players need to already have the skills and knowledge to play.

Hand Knee & Foot

Thursdays at 9:00 a.m.

The game is a variation of Canasta, is similar to Samba but yet a little different. It's an easy game to learn and lots of fun to play!

Jigsaw Puzzles

Browse through the puzzle selection located in the West Wing. You are welcome to take one or more home to put together!

Mah Jongg

Wednesdays & Fridays at 1:00 p.m.

Play using American Mah-Jongg rules. Players need to already know how to play.

Training available by request.

Penny Bingo

Fridays at 1:00 p.m.

Use pennies as markers. Winner wins everyone's markers. Cards cost \$0.25 each or 6 for \$1 (6 card limit). A variety of Bingo patterns played to keep it interesting. Money collected for cards is the prize when playing a cover all. Based on Michigan state law, players must be at least age 60 or older to play.

Ping Pong

Wednesdays & Fridays at 2:30 p.m.

Ping Pong is recreational, but competitive so bring your A-game and use all your skills to your best advantage and maybe win!

Poker

Tuesdays at 6:00 p.m.

\$5.00 Buy-In. Play dealer's choice and play a variety of games. All games are based on a five card poker hand. Available to anyone 60 years/older.

Samba

Mondays at 12:30 p.m.

Samba Cards is easy to learn and has similarities to Canasta, Hand and Foot, Hand, Knee and Foot, Rummy, and Books and Runs. Anyone with card experience can learn this game.

Texas Hold'em

Thursdays at 1:30 p.m.

\$5.00 Buy-In. Limit & no limit play. Fun, friendly games everyone 60 years/older.

Ann's Adventures

Office Hours: Mon – Fri 9:00 a.m. – 5:00 p.m.

Hours may vary when Ann is traveling

Office phone: 810-640-8303

E-mail: aanderson@annsadvntures.net

Website: www.annsadvntures.net

Going on a trip with Ann? Please register through the Center and help us earn \$5.00 with every trip you take! Questions? Call (810)640-8303.

Here's an At-A-Glance list of upcoming trips:

- **Late Nite Catechism**
Date: Saturday, November 7th
Cost: \$95.00 per person
Departure: 4:30 p.m. from the former Clio Kmart
- **Away in the Basement # 1 – Turkeyville**
Date: Thursday, November 12th
Cost: \$95.00 per person
Departure: 9:30 a.m. from former Clio Kmart
- **The Singing Christmas Tree**
Date: Saturday, December 5th
Cost: \$110.00 per person
Departure: 9:30 a.m. from former Clio Kmart
- **Starbright Christmas # 4 – Petrolia**
Date: Sunday, December 6th
Cost: \$130.00 per person
Departure: 8:45 a.m. from former Clio Kmart
- **Away In The Basement # 2 – Turkeyville**
Date: Wednesday, December 9th
Cost: \$95.00 per person
Departure: 9:30 a.m. from former Clio Kmart
- **Midtown Men – Holiday Hits**
Date: Saturday, December 12th
Cost: \$105.00 per person
Departure: 4:30 p.m. from former Clio Kmart
- **'Twas the Night Before... Holiday Spectacle**
Date: Thursday, December 17th
Cost: \$126.00 per person
Departure: 4:30 p.m. from the former Clio Kmart
- **Temptations!**
Date: Friday, December 18th
Cost: \$165.00 per person
Departure: 4:00 p.m. from the former Clio Kmart

Alzheimer's Support Group

Thursday, November 5th - 2:00 p.m.

This group, facilitated by Dawn Shurter, is open to anyone caring for a family member or friend with either Alzheimer's Disease or some form of dementia.

Blood Pressure Check

Thursdays from 10:00 a.m. - 11:00 a.m.

No appointment necessary. Walk-Ins welcome!

Free Notary Services for Seniors 50 and Older

Roxanna Gay is a Notary Public and can seal your documents for you at no cost. **You need to call the Center to make an appointment. You must sign in the presence of the notary and bring your picture ID.**

Grief Support Group

Tuesday, November 10th & 24th - 2:00 p.m.

The Medical Team provides on-going grief support for anyone who has experienced the death of a loved one. Their purpose to provide education about normal grief reactions as well as a safe environment where feelings are validated and accepted.

Legal Assistance

Friday, November 13th

9:00 a.m.-12:00 p.m. & 1:00 p.m.-2:00 p.m.

If you are in need of assistance with a legal issue you can call the Senior Center office to schedule a free appointment to meet with Seth Neblock, an Elder Law Attorney from Legal Services of Eastern Michigan.

Loan Closet

We have Medical Equipment available to borrow which includes walkers, canes, and wheelchairs. Call the office if you are in need of medical equipment. Donations of some clean medical equipment accepted during regular business hours.

Medicare / Medicaid Questions?

Call **1-800-803-7174**. You will be connected to a call center that will direct you to local agencies such as Elder Law, Genesee Health Plan and MiGen assist you with your insurance needs.

Veterans Coffee Hour

Friday, November 6th & 20th - 9:30 a.m.

Join us for coffee, treats and conversation with your fellow veterans.

Veterans Services

Wednesday, November 25th - 9:30 a.m. - 2:30 p.m.

Veterans, are you receiving all of the benefits you are entitled to? Call the center to schedule an appointment at the Swartz Creek Area Senior Center.



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Flushing Area Senior Center, Flushing, MI

15-0667

Our Perspective | November 2026

These programs and/or services
are fully or partially funded by
Genesee County Senior Millage Funds.
Your tax dollars at work.

Office Hours

Monday - Friday

8:00 a.m. - 4:00 p.m.

Flushing Area Senior Center

106 Elm Street, Flushing, MI 48433

www.flushingseniorcenter.com

Phone 810.659.4735 ~ Fax 810.659.4686

Greg Matheson, Executive Director

Roxanna Gay, Office Manager

Erin Faith, Office Assistance

Monday	Tuesday	Wednesday	Thursday	Friday
2 8:30 Flushing Artistic Gathering 9:00 Beginning Line Dancing 11:00 Drums Alive 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 12:30 Dominoes 12:30 Woodcarving 5:30 Total Body Senior Fitness	3 8:30 Exercise for Everyday Living 9:00 Shopping @ Bueches 9:30 Knit Crochet & Craft 10:00 Basic Flow Yoga 11:30 Congregate Meal 12:30 Chair Volleyball 1:00 Euchre 2:00 Silver Sneakers 6:00 Poker CANCELLED - Woodshop @ ECC	4 8:30 Flushing Artistic Gathering 9:30 Body Balance & Mobility 9:30 Watercolor Basics Class 9:30 Woodshop @ E.C.C. 11:00 Drums Alive 11:30 Congregate Meal 12:30 Color & Connect 1:00 Chair Yoga 1:00 Mah Jongg 1:00 Shopping @ Walmart 1:00 Writers Group 2:30 Ping Pong	5 8:30 Exercise for Everyday Living 9:00 Hand, Knee & Foot 10:00 Basic Flow Yoga 10:00 Blood Pressure Check 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 1:00 Euchre 1:00 Shopping @ Walmart 1:00 Tai Chi 1:30 Texas Hold'em 2:00 Alzheimer's Support Group 2:00 Bunco 2:15 Cornhole	6 9:30 Fly Tying 9:30 Veterans Coffee Hour 10:30 Body Balance & Mobility 11:30 Congregate Meal 12:30 Chair Volleyball 1:00 Mah Jongg 1:00 Penny Bingo 2:30 Ping Pong
9 8:30 Flushing Artistic Gathering 9:00 Beginning Line Dancing 11:00 Drums Alive 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 12:30 Dominoes 12:30 Samba 12:30 Woodcarving 2:30 Gary Nickel Photography Class 5:30 Total Body Senior Fitness	10 8:30 Exercise for Everyday Living 9:00 Shopping @ Bueches 9:30 Knit Crochet & Craft 10:00 Basic Flow Yoga 11:00 Veterans Appreciation Luncheon 11:30 Congregate Meal 12:30 Chair Volleyball 1:00 Euchre 1:30 Woodshop @ E.C.C. 2:00 Grief Support Goup 2:00 Silver Sneakers 6:00 Poker	11 Center Closed 	12 8:30 Exercise for Everyday Living 8:30 Soaring Eagle Casino Trip 9:00 Hand, Knee & Foot 10:00 Basic Flow Yoga 10:00 Blood Pressure Check 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 12:00 Chair Massage 1:00 Euchre 1:00 Tai Chi 1:30 Texas Hold'em 2:00 Bunco 2:15 Cornhole	13 9:00 Legal Assistance 9:30 Fly Tying 10:30 Body Balance & Mobility 11:30 Congregate Meal 12:30 Chair Volleyball 1:00 Legal Assistance 1:00 Mah Jongg 1:00 Penny Bingo 2:30 Ping Pong

16 8:30 Flushing Artistic Gathering 9:00 Beginning Line Dancing 9:00 SHIP Medicare Counseling 10:00 Decade of Epilepsy Presentation 11:00 Drums Alive 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 11:45 Elmcrest/FCOC Shopping Trip 12:30 Dominoes 12:30 Woodcarving 1:00 Make It, Take It Card Class 5:30 Total Body Senior Fitness	17 8:30 Exercise for Everyday Living 9:00 Shopping @ Bueches 9:30 Knit Crochet & Craft 10:00 Basic Flow Yoga 11:30 Congregate Meal 12:30 Chair Volleyball 12:30 Senior Women's Book Club 1:00 Euchre 2:00 Woodshop @ E.C.C. 2:00 Silver Sneakers 2:00 Woodshop Safety Training 6:00 Poker	18 8:30 Flushing Artistic Gathering 9:30 Body Balance & Mobility 10:00 Woodshop @ E.C.C. 9:30 Appetizer Class w/Jay Jacobs 11:00 Drums Alive 11:30 Congregate Meal 12:30 Color & Connect 12:30 Chair Yoga 1:00 Mah Jongg 1:00 Writers Group 2:30 Ping Pong 3:15 Pickleball Informational Meeting @ FASC	19 8:30 Exercise for Everyday Living 9:00 Hand, Knee & Foot 10:00 Basic Flow Yoga 10:00 Blood Pressure Check 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 12:30 Strayed Quilters 1:00 Euchre 1:00 Shopping @ Meijer 1:00 Tai Chi 1:30 Texas Hold'em 2:00 Bunco 2:15 Cornhole	20 9:00 Shopping @ ALDI 9:30 Fly Tying 9:30 Veterans Coffee Hour 10:00 Tech Tutoring w/Sawyer 10:30 Body Balance & Mobility 11:30 Congregate Meal 12:30 Chair Volleyball 1:00 Mah Jongg 1:00 Penny Bingo 1:00 Shopping @ Meijer 2:30 Ping Pong
23 8:30 Flushing Artistic Gathering 9:00 Beginning Line Dancing 11:00 Drums Alive 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 12:30 Dominoes 12:30 Samba 12:30 Woodcarving 2:00 Coffee Talk w/ Mayor Sullivan 5:30 Total Body Senior Fitness	24 8:30 Exercise for Everyday Living 9:00 Shopping @ Bueches 9:30 Knit Crochet & Craft 10:00 Basic Flow Yoga 11:30 Thanksgiving Luncheon 12:30 Chair Volleyball 1:00 Euchre 2:00 Woodshop @ E.C.C. 2:00 Grief Support Goup 2:00 Silver Sneakers 6:00 Poker	25 8:30 Flushing Artistic Gathering 9:30 Body Balance & Mobility 11:00 Drums Alive 11:30 Congregate Meal 1:00 Connecting Threads 1:00 Chair Yoga 1:00 Mah Jongg 1:00 Writers Group 2:30 Ping Pong CANCELLED - Woodshop @ ECC	26 Center Closed	27 Center Closed
30 8:30 Flushing Artistic Gathering 9:00 Beginning Line Dancing 9:00 SHIP Medicare Counseling 11:00 Drums Alive 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 12:30 Dominoes 12:30 Samba 12:30 Woodcarving 2:00 Karaoke, Snacks & Mocktails 5:30 Total Body Senior Fitness			FASC Winter Weather Policy Because every storm is different we would ask you to check the following sources for potential closure of the center. • Local TV Stations • FASC Facebook Page • FASC Website	
			Daily Activities 8:00 a.m. – 4:00 p.m. • Coffee Lounge • Puzzle Room • Exercise Station	
Happy Thanksgiving				

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Arts, Crafts, Clubs & Other

Chair Massage

Thursday, November 12th - 12:00 p.m. - 3:30 p.m.

Chair massages are given by certified massage therapist: Mary Ann Orme. During a chair massage you stay fully dressed and experience a massage for your shoulders, neck, arms, back, legs, hands and feet. The cost is \$7.00 for 10 minutes.

Appointments are accepted on the first business day of the month.

Color & Connect

Wednesday, November 4th & 18th - 12:30 p.m.

Join us for a relaxing adult coloring group. Supplies are provided, and no artistic experience is needed.

Connecting Threads

Wednesday, November 25th - 1:00 p.m. - 3:30 p.m.

The "Connecting Threads" Needlework & Crafts Group meets from 1:00 p.m. to 3:30 p.m. Bring a project to work on and join us!

Flushing Artistic Gathering

Each Monday & Wednesday at 8:30 a.m.

Whether you use watercolors, acrylics, colored pencils or markers, this event is for you. All mediums welcome with the exception of oils. Learn new tricks and techniques from others and meet new friends. Bring your own painting supplies. Coloring supplies are available. All experiences are welcome!

Fly Tying

Each Friday at 9:30 a.m.

This group gets together to tie flies for fly-fishing. You must bring your supplies, be with some friends as you tie!

Knit - Crochet - Craft

Each Tuesday at 9:30 a.m.

Bring your own projects to work on, share your ideas and talk about your projects with each other. Some knit afghans or dishcloths, others crochet baby sweaters or scarves. Some do embroidery, cross stitch, or needlepoint. Some simply enjoy sitting and chatting! There is no teacher, but there is always someone willing to help you with your project questions or problems. Please join us!

Lending Library

Gently-used books available to lend out in the Lending Library located in the West Wing coffee lounge. Come browse the wide selection of books available to borrow. Donations of new or gently-used books are always welcome.

Make It, Take It Card Making Class

Monday, November 16th at 1:00 p.m. - Cost -\$12.00

Instructor: Rosemary Magley

Samples of this month's cards are on display in the lunchroom. Bring your own scissors and adhesive. If needed, you can purchase adhesive from Rosemary. Additional cards are available to purchase on class day. Reservations are accepted on the first business day of the month.

Senior Women's Book Club

Tuesday, November 17th at 12:30 p.m.

Members take turns choosing a book they think will be interesting for the group to discuss. Books include all genres. Copies of the chosen book are usually provided through the GDL Bag of Books program.

Strayed Quilters

Thursday, November 19th at 12:30 p.m.

This group makes quilts at home then brings them to the monthly meetings to donate to Project Linus.

Tech Tutoring w/Sawyer - FREE!

Friday, November 20th - 10:00 a.m. - 12:00 p.m.

Sawyer can assist with smartphones, laptops, other electronics and basic computer skills. Call to make an appointment. Reservations are accepted on the first business day of the month.

Woodcarving

Each Monday at 12:30 p.m.

This group works mostly with bass wood using a variety of carving tools. The group has many experienced woodcarvers willing to share techniques and advice on whatever project you are working on. Newcomers to woodcarving are welcome!

Woodshop @ ECC

Tuesdays - 1:30 p.m. - 4:00 p.m.

Wednesdays - 9:30 a.m. - 12:00 p.m.

The woodshop is located at the Early Childhood Center is open during the school year. Available equipment includes a table saw, lathe, planer, jointer, belt sander, disc sander, miter saw, router table and drill press. Talented members are available to help with equipment and projects!

Woodshop Safety Training @ FASC

Tuesday, November 17th - 2:00 p.m. - 3:30 p.m.

Using the Woodshop requires you to complete our safety training course at the center as well as have an annual criminal background check completed. No RSVP required.

Writers' Group

Each Wednesday at 1:00 p.m.

We are a gathering of men and women who share writings of life experiences, interests and more. This can include journals, poems, short stories and readings. Writing prompts are available.

Senior Winter Games of Genesee County Informational Meeting

Stay active, have fun and join the excitement this winter! Come learn about the upcoming Senior Winter Games of Genesee County, including event details, registration and cost.



- Date - Tuesday, December 8th
- Time - 10:30 a.m.
- Where - West Wing



Who should attend?

- Genesee County residents age 50 or older.
- Community members interested in volunteering.
- Anyone who loves friendly competition and winter fun!

SENIOR WINTER GAMES IS BACK!!

FEBRUARY 1ST - MARCH 3RD



REGISTRATION WINDOW
TUESDAY, DECEMBER 8TH
TO THURSDAY, JANUARY 14TH
MORE INFORMATION TO COME!

INCLUDES: T-SHIRT, UNLIMITED EVENTS, OPENING CEREMONY
WITH ENTERTAINMENT & CLOSING BANQUET LUNCHEON!

2027 EVENTS INCLUDE: PIE EATING, BOWLING, JIGSAW PUZZLE, SPADES, CHECKERS, SCRABBLE, YAHTZEE, HAND KNEE FOOT, SHUFFLEBOARD, COMPETITIVE TABLE TENNIS, RECREATIONAL PING PONG, CRIBBAGE, PINOCHLE (SINGLE DECK), SUDUKO, DOMINOES (MEXICAN TRAIN), SOFTBALL TOSS, FREE THROW, EUCHRE, BAKING, PICKLEBALL, WALKING, DARTS, CORN HOLE, ARTS & CRAFTS, SENIOR GRAND PRIX, SPELLING BEE, LINE DANCING, POOL, MINI GOLF, FRISBEE TOSS AND LADDER GOLF

NOVEMBER BIRTHDAYS

TED ALBEE
SANDY ALLISON
DAVE BABIERACKI
SCOTT BARBOUR
LORI BARTON
WILLIAM BASTIEN
SHERRY BECKLEY
REBECCA BERNARD
CAROLYN BIRMINGHAM
ROBERTA BLOOD
MARIE BORDASH
EDWARD BORKOWSKI
JULIE BOWERS
JOAN BRASSEUR
RITA BRIMLEY
GAYLE BRODSKY
STEVE BRYAN
MARTY CALHOUN
JIM CARLSON
JULIE CARTER
MARIE CHRISTOPHER
ALISON CLEMONS
LISA COCHRAN

LAURA CONOVER
JUDY GOTCHER
ELAINE CULLEN
MARY CUSSANS
BARB DELAY
MARTI DONNELLY
DANELLE DUPLANTY
JAMES FIELDS
KATHY FIERSTINE
RHONDA FISK
MARY FLYNN
ROSALIE FRALEY
JILL FREEMAN
REBECCA FREIBURGER
SHERYL GASSER
STEPHENIE GONZALEZ
ROBERT GRIFFIS
BEVERLY GUTHRIE
BETHANY HACK
HELEN HAGGADONE
JERRY HAMMOND
MISCHELLE HARP
DENISE HARRIS
GERALDINE HARRISON

SUSAN HASAL
ELAINE HENDRICKS
RANEE HILL
SHARON HOLBROOK
JOHN HOWE
CARLA IACOBONI
SUZETTE JARMAN
JANE JOHNSON
PEGGY JOHNSON
DENISE JONES
KARLENE KAHLSTROM
SUE KELLETT
AUDREY KLEINER
TIM KLUMP
JACKIE KULIS
JOE LANGDON
ROSANNE LARSON
CAROL LATUS
ANGELA LEAFI
SHARON LEDGER
BRENDA LENOX
MELVIN LETTS
SHERRIE LIED
EVELYN LIVERSEDGE

LAURA LIVINGSTON
NATALIE LUCAS
TOM LYMAN
LESA MALLOY
ALLEN MARSHALL
JANET MATSKO
BRETT MATTISON
RAY MCCARTY
DICK MCCOMB
MARY MCGUIRE
BARBARA MCKENNA
CHRISTINE MCNEILL
MIKE MCPHERSON
JOHN MIKESSELL
RANDY MODROK
SANDRA MOHR
RHODA MOONEY
PAUL MORGAN
TONY MORRISSETT
BARBARA NEUBECK
HELEN O'CONNOR
KIMBERLY PAETH
MIKE PERSONETT
KAREN PETERFI

LAVERNE POE
MIKE POTOCZNY
FRED RAU
RONALD REYNOLDS
NANCY RICHARD
KIMBERLY RICHARDS
STEVE RIDLEY
TERESA RIDLEY
ALAN ROCKWOOD
CINDY ROLLA
JOAN ROSENCRANTZ
JAMES ROTA
LISA SANCHEZ
LISA SANCHEZ
STEPHEN SCHLOTT
CECIL SCHOTT
MARY SCHULTZ
LESLIE SEDLARIK
DOUG SELLERS
LORRAINE SEROWIECKI
GREG SLAGOR
MARIANN SMITH
SHARON STANFILL
MICHAEL STANTON

LAURA STEWART
GANOGRAT STURT
SUSAN SWAN
JEAN SUZKENT
DARYL TILLEY
PHIL TOMEK
BELINDA VAUGHN
DIANE VYVYAN
MARY WALKER
CATHY WALLACE
CHARLES WARD
ALLEN WELSBY
BILL WHITE
DON WHITESIDE
DENISE WILDEMAN
TONI WILLIAMS
LINDA WOODRUFF
RON YENCER
SCOTT ZILCH

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IN NEED OF HOSTESSES
FOR OUR ANNUAL
Christmas Tea
...
Monday, December 14th
11:30 P.M.-2:00 P.M.
FLUSHING AREA SENIOR CENTER
106 Elm Street, Flushing
If interested, contact the center @ (810)659-4735



LADIES CHRISTMAS TEA
Monday, December 14 - 12:00 p.m.
We invite you to enjoy a winter day filled with good friends and entertainment.
MENU
Chicken salad sandwiches, Broccoli and cheese soup, Antipasto Salad, and Assorted gourmet Cheesecake
Entertainment
Flushing High School Chamber Orchestra
Interested in hosting a table?
Please contact us for details.
RSVP by December 7th
(810)659-4735
COST
\$15.00

NOVEMBER CONGREGATE MENU

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Asian Turkey Burger Sweet Potato Wedges 4 oz Steamed Cauliflower-4 oz WG Bun Cinnamon Applesauce-4 oz Milk	3 Fiesta Chicken w/onions & Peppe Roasted Corn & Black Beans 4 oz Cilantro Lime Rice 4 oz WG Roll Pineapple Tidbits-4 oz Margarine-1 ea 100% Fruit Juice-4 oz	4 Salisbury Steak w/Gravy Mashed Potatoes-4 oz Mixed Vegetables-4 oz Biscuit Fruit Cocktail-4 oz Margarine-1 ea Milk-8 oz	5 Cheese Ravioli w/Spinach & Mushroom Sauce Italian Veggie Blend-4 oz Roasted Potatoes-4 oz Potato Roll-1 ea Margarine-1 ea Fresh Pear-1 ea 100% Juice	6 New Orleans Chicken StirFry 4 oz Over Lo Mein Noodles 2 oz Vegetable Blend-4 oz Steamed Broccoli Hawaiian Roll Apricots-4oz Milk-8 oz Fotune Cookie-1 ea
9 Chicken Fajitas 3 oz Chuck Wagon Veggie Blend-4 oz Black Beans-4 oz Flour Tortilla Shells 2 ea Pineapple Cup Milk	10 Honey Glazed Chicken Breast Parsley Potatoes-4 oz California Vegetable Blend WG Sweet Roll-1 ea Margarine-1 ea Fruit Cocktail-4 oz 100% Fruit Juice	11 	12 Pub Burger w/Cheese Potato Wedges 4 oz Lettuce/Tomato/Onion Mandarins-4 oz WG Bun Ketchup/Mustard 100% Fruit Juice	13 Vegetable Beef Stew 8 oz. Tomatoes & Zucchini 4 oz. Garlic Roll Margarine Fresh Apple Milk-8 oz
16 Swedish Meatballs 6 ea Brown Rice-4 oz Green Beans-4 oz Mandarin Oranges-4 oz Crunchy Breadsticks-1 pkt Milk	17 BBQ Pork Loin Sweet Corn 4 oz Cole Slaw 4 oz Wheat Roll Mango & Papaya 4 oz Margarine 100% Fruit Juice	18 Crispy Chicken Salad 3 oz w/Apples, Cranberries & Feta HM Pasta Salad-4 oz Potato Roll Mixed Fruit Milk-8 oz	19 Mostaccioli w/Meat Sauce 8 oz French Green Beans 4 oz Corn on the Cob 1 ea Fresh Pear Baked Breadstick 100% Fruit Juice Birthday Cake	20 Philly Chicken w/Cheese 3 oz Potato Wedges 4 oz Veggie Blend 4 oz Sub Bun Golden Apple Margarine-1 ea 100% Fruit Juice
23 Chili W/Ground Beef 8 oz Veggie Blend 4 oz Corn Bake 4 oz Fresh Orange Milk	24 Thanksgiving Luncheon Turkey Breast W/Gravy 3 oz Mashed Potatoes 4 oz Garey's Famous Green Beans 4 oz HM Mac & Cheese 4 oz Wheat Roll w/Margarine Holiday Cookie 100% Fruit Juice-4 oz	25 Cobb Salad 4 oz w/Turkey, Cheese, Egg, Bacon Pasta Salad 4 OZ Fruit Muffin-1 ea Mandarin Oranges-4 oz Salad Dressing Pkt-1 ea Milk-8 oz	26 	27 
30 Creamy Turkey & Wild Rice Soup Chuck Wagon Veggie Blend Warm Apples Wheat Roll w/Margarine Milk				

PLEASE CALL THE DAY BEFORE 1:00 P.M. TO ORDER LUNCH – (810)659-4735
YOU ARE ABLE TO ORDER MULTIPLE DAYS IN ADVANCE!

FASC General Information

The Flushing Area Senior Center

106 Elm Street, Flushing MI 48433

Phone: 810.659.4735

Fax: 810.659.4686

Email: greg@flushingseniorcenter.com

Website: www.flushingseniorcenter.com

Center Hours

Monday through Friday - 8:00 a.m. - 4:00 p.m.

Office Staff

Greg Matheson	Executive Director
Roxanna Gay	Office Manager
Erin Faith	Office Assistant

Board of Directors

Michael Stanton	Chairperson - At-Large Member
Sharri Willette	Co-Chair - Flushing Township
Marie Zuk	Secretary - City of Flushing
Sharon Vance	Treasurer - At-Large Member
Lois Nickel	At-Large Member
Eric Johnson	City of Flushing
Sue Leonard	City of Flushing
Mary Smith	City of Flushing
Richard Wagonlander	City of Flushing
Shelley Thompson	Clayton Township
Joan Stone	Flushing Township
Terry Pattillo	Flushing Township

Upcoming Board Meetings

Tuesday, November 24 th	7:00 p.m.
Tuesday, January 26 th	7:00 p.m.

Flushing Area Senior Center Funding Sources

The majority of funding is from the Genesee County Senior Millage. Other Funding Sources are: City of Flushing, Charter Township of Flushing, United Way of Flushing, Member Contributions, Memorial Donations and Fundraisers.

Memorial Donations

Memorial Donations to the Flushing Area Senior Center are a nice way to create a lasting memory in remembrance of a loved one, family member or friend. Donation envelopes are available at the Center or at area funeral homes. The Flushing Area Senior Center is a private, non-profit organization and all of the donations are tax-deductible.



AVAILABLE NOW! PRINT & DIGITAL AD SPACES

Build your business and help us grow a vibrant community!

Larry Burgett from LPi, our newsletter printer, will be securing new ads for our center in the coming weeks. As a valuable member of the business community, we invite you to expand your reach and grow your business with a print ad in our newsletter and/or a digital ad featured on MyCommunityOnline.com.



Larry Burgett
(440)983-9133
Lburgett@4Lpi.com

FASC BUS SCHEDULE

Shopping @ ALDI

3rd Friday of each month @ 9:00 a.m.

Shopping @ Bueche's

Each Tuesday @ 9:00 a.m.

Shopping @ Flushing Christian Outreach Center

3rd Monday of each month

Depart from Elmcrest Village Apartments
@ 11:45 a.m.

Shopping @ Meijer - Swartz Creek

3rd Thursday & Friday of each month

Depart @ 1:00 p.m. / Return @ 3:00 p.m.

Shopping @ Walmart - CLIO

1st Wednesday & Thursday of each month

Depart @ 1:00 p.m. / Return @ 3:00 p.m.



**SUGGESTED
DONATION
PER ROUND
TRIP - \$3.00**

Available Monday-Friday for residents living within the Flushing School District.

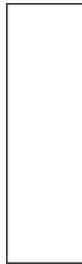
Please call the Center at least one day in advance for a ride. Please be ready when the bus arrives. Cancellations should be made by contacting the Center in a timely manner. The Center retains the right to revoke any rider for any reason from the program.

Our bus is not equipped for wheelchair transportation and our volunteer drivers are not qualified to care for dependent Seniors; therefore, riders must be able to enter and exit the bus without assistance. We are not designated for emergency assistance. Riders are required to follow all safety regulations when riding on the bus.

Flushing Area Senior Center
106 Elm Street
Flushing, MI 48433

PRSRT STD
U.S. Postage
PAID
Flushing, MI
Permit No. 217

If the date under your
address is highlighted,
it means it's time to
renew your optional
membership donation
of \$12.00.



These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.



(Actual Meal!)

ENJOY A DAILY LUNCH AT THE FLUSHING AREA SENIOR CENTER!

Daily congregate lunch is available Monday
through Friday from 11:30 a.m. to 12:30 p.m.



AGES 60 AND OVER: \$3.00 SUGGESTED DONATION
AGES 50-59 AND ALL NON-GENESEE COUNTY
RESIDENTS ARE REQUIRED TO PAY \$6.00



Reservations required. Call the Center at 810-659-4735 by 1:00 p.m. the
weekday before to place your lunch order. See page 11 for full menu.