

JANUARY CONGREGATE MENU

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>2</p>	<p>3</p> <p>Chicken Cacciatore Mixed Greens Spaghetti Diced Pears Corn Bread Margarine 100% Fruit Juice</p>	<p>4</p> <p>HM Liver & Onions w/Gravy Mashed Potatoes Sweet Peas Biscuit Applesauce Milk Margarine</p>	<p>5</p> <p>Pork Chops w/Mushrooms Sugar Snap Peas Roasted Potatoes Sliced Wheat Bread Margarine Fresh Apple 100% Fruit Juice</p>	<p>6</p> <p>BBQ Chicken Tenders Spinach Yams & Apples Whole Wheat Roll Margarine Fresh Orange Milk</p>
<p>9</p> <p>HM Sweet & Sour Meatballs Brown Rice Green Beans Mixed Vegetables Flatbread Pineapple Tidbits Margarine Milk</p>	<p>10</p> <p>Chicken Caesar Wrap W/ Romaine & Parmesan Cucumber Slices w/dip Fruit Cocktail Tortilla Wrap Caesar Salad Dressing Pkt 100% Fruit Juice</p>	<p>11</p> <p>Open-Face Pot Roast Sweet Peas Mashed Potatoes Texas Toast Half Margarine Diced Peaches Milk</p>	<p>12</p> <p>HM Chili Whole Kernel Corn Sliced Potatoes Fresh Pear Buttermilk Biscuit w/honey Margarine/Salad Dressing 100% Fruit Juice</p>	<p>13</p> <p>Grilled Chicken Breast w/Cream Sauce Chopped Broccoli Glazed Carrots Mixed Fruit Potato Roll Margarine Milk</p>
 <p>16</p>	<p>17</p> <p>HM Mexican Chicken & Rice Soup Vegetable Blend Lima Beans Applesauce Corn Muffin Margarine 100% Fruit Juice</p>	<p>18</p> <p>Creole Steak European Veggies Sliced Beets Tropical Fruit Salad Potato Roll Margarine Milk</p>	<p>19</p> <p>Beef Fajitas w/ Peppers/Onion w/Peppers & Onions Mexican Rice Corn Fruit Cocktail Tortilla Shell 100% Fruit Juice Cookie Of the Month</p> 	<p>20</p> <p>Crispy Fish Taco w/Fresh Corn Salsa Au gratin Potatoes Cole Slaw Pineapples Tortilla Shell Milk</p> 
<p>23</p> <p>Ham, Bacon & Cheese Frittata W/ Peppers & Onions Roasted Redskin Potatoes Warm Cinnamon Apples Mini Muffin Milk 8 oz</p>	<p>24</p> <p>HM Chicken Salad on Croissant Fresh HM Cucumber Salad Fresh Broccoli Bites Golden Apple 100% Fruit Juice</p>	<p>25</p> <p>Roasted Chicken Breast Italian Veggie Blend Roasted Potatoes Fresh Pear Hawaiian Roll Margarine Milk</p>	<p>26</p> <p>Turkey Burger w/Cheese Potato Wedges Vegetable Blend Diced Pears Multi-Grain Bun Ketchup & Mustard 100% Fruit Juice Birthday Cake</p>	<p>27</p> <p>HM Mac and Cheese French Cut Green Beans Sliced Carrots Wheat Roll Mandarin Oranges Margarine Milk</p>
<p>30</p> <p>HM Goulash Spinach Baby Carrots Fresh Apple Corn Bread Margarine Milk</p>	<p>31</p> <p>HM Sloppy Joes Garden Pasta Veggie Blend Broccoli Florets Golden Apple WG Bun Margarine 100% Fruit Juice</p>			

PLEASE CALL THE DAY BEFORE 1:00 P.M. TO ORDER LUNCH - (810)659-4735