

CONGREGATE LUNCH MENU - AUGUST 2022

Menu Subject to Change Based on Product Availability and Quality Standards				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Open Face Turkey Sandwich Mashed Potatoes Sweet Peas Mixed Fruit Cup Half-Slice Texas Toast 1% Milk	HM Mini Beef Tacos Mexican Rice Chuck Wagon Blend Veggies Pineapple Tidbits (4 oz) Sub Bun (1 ct) 100% Fruit Juice	Turkey Polish Sausage (1 ct) Normandy Blend Vegetables (4 oz) Potato Wedges Tropical Fruit Salad (4 oz) Whole Wheat Bun (1) Margarine & Mustard Milk (1 ct) 	BBQ Chicken Thighs Creamed Style Corn Key West veggie Blend Strawberry Applesauce (1 ct) Wheat Roll (1 ct) Margarine (1 ct) 100% Fruit Juice	Pork Burger w/Hickory Sauce Redskin Potatoes (4 oz) Sliced Carrots (4 oz) Whole Grain Bun (1 ct) Fresh Orange (1 ct) Milk (1 ct)
8	9	10	11	12
Boneless Rib in sauce (1 ct) Baked Beans Peas & Carrots (4 oz) Whole Grain Bun (1 ct) Diced Peaches (4 oz) Milk (1ct)	HM Chicken & Penne Alfredo French Green Beans (4 oz) Diced Carrots (4 oz) Fresh Pear 1 ct) Bread Stick (1 ct) Margarine (1 ct) 100% Fruit Juice	Meatloaf w/gravy Mashed Potatoes Sweet Corn (4 oz) Deluxe Fruit Salad (1 ct) Potato Roll (1 ct) Margarine (1 ct) Milk (1 ct)	HM Beef Stroganoff Sicilian Veggie Blend (4 oz) Succotash (4 oz) Wheat Roll (1 ct) Fruit Cocktail (1 ct) Margarine (1 ct) 100% Fruit Juice	Chicken Caesar Salad w/Romaine Cucumber Slices (4 oz) Pita Half (1 ct) Caesar Dressing Pkt. (1 ct) Fruit Cocktail (1 ct) Milk (1 ct) 
15	16	17	18	19
BBQ Pulled Chicken Sandwich Italian Blend Vegetables (4 oz) Sliced Potatoes Diced pears (4 oz) Mini Sub Bun (1 ct) Margarine (1 ct) Milk	Spaghetti & Meatballs Steamed Cauliflower Hawaiian Dinner Roll (1 ct) Apple (1 ct) Margarine (1 ct) 100% Fruit Juice 	Smothered Fried Chicken French-Style Green Beans (4 oz) Brown Rice Corn Muffin Mandarin Orange (4z) Margarine (1 ct) Milk (1 ct)	Sloppy Joe (3 oz) Diced Potatoes (4 oz) Winter Blend Vegetables (4 oz) Wheat Bun (1 ct) Golden Apple (1 ct) Margarine (1 ct) 100% Fruit Juice Birthday Cake	Macaroni & Cheese (8 oz) Lima Beans Broccoli Florets Cantalope (4 oz) Dinner Roll (1 ct) Margarine (1 ct) Milk (1ct) 
22	23	24	25	26
BBQ Boneless Chicken Wings Whole Kernel Corn (4 oz) Green Beans (4 oz) Potato Roll (1 ct) Sliced Peaches (4 oz) Margarine (1 ct) Milk (1ct)	HM Chicken & Cheese Fajitas Refried Beans Spanish Rice with Corn Tortilla Shell (1 ct) Pineapple Tidbits (4 oz) 100% Fruit Juice Taco Sauce pkt (1) 	Pork Chop w/Gravy Sweet Potatoes (4 oz) Sliced Beets (4 oz) Corn Bread (1 ct) Fruit Cup (1 ct) Margarine (1 ct) Milk (1ct)	Pepper Steak w/Asian blend Veg California Blend veggies Succotash Veggie Blend (4 oz) Wheat Sub Bun (1 ct) Tropical Fruit Salad (4 oz) Margarine (1 ct) 100% Fruit Juice Cookie of The Month (1 ct)	Fish Taco w/ Pico Scalloped Potatoes (4 oz) Tossed Salad w/Tomato Mixed Fruit Salad (4 oz) Wheat Roll w/ Margarine (1 ct) Salad Dressing (1 ct) Lemon Juice pk (1 ct) Milk (1ct) 
29	30	31		
Turkey Burger w/Cheese (1 ea) Broccoli Florets (4 oz) Mixed Vegetables (4 oz) Whole Wheat Bun (1 ct) Tropical Fruit Salad (4 oz) Milk (1ct) 	HM Beef Goulash Sweet Peas Steamed Beets Garlic Roll Fresh Orange Margarine (1 ct) 100% Fruit Juice	Chicken Tenders Potato Wedges Green Beans Pineapple Chunks Potato Roll Milk		

PLEASE CALL THE DAY BEFORE 1:00 P.M. TO ORDER YOUR LUNCH - (810)659-4735