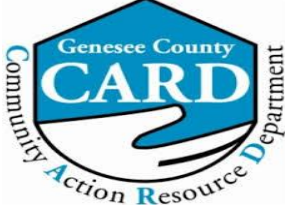


NOVEMBER CONGREGATE MENU

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Asian Turkey Burger Sweet Potato Wedges 4 oz Steamed Cauliflower-4 oz WG Bun Cinnamon Applesauce-4 oz Milk	3 Fiesta Chicken w/onions & Peppe Roasted Corn & Black Beans 4 oz Cilantro Lime Rice 4 oz WG Roll Pineapple Tidbits-4 oz Margarine-1 ea 100% Fruit Juice-4 oz	4 Salisbury Steak w/Gravy Mashed Potatoes-4 oz Mixed Vegetables-4 oz Biscuit Fruit Cocktail-4 oz Margarine-1 ea Milk-8 oz	5 Cheese Ravioli w/Spinach & Mushroom Sauce Italian Veggie Blend-4 oz Roasted Potatoes-4 oz Potato Roll-1 ea Margarine-1 ea Fresh Pear-1 ea 100% Juice	6 New Orleans Chicken StirFry 4 oz Over Lo Mein Noodles 2 oz Vegetable Blend-4 oz Steamed Broccoli Hawaiian Roll Apricots-4oz Milk-8 oz Fortune Cookie-1 ea 
9 Chicken Fajitas 3 oz Chuck Wagon Veggie Blend-4 oz Black Beans-4 oz Flour Tortilla Shells 2 ea Pineapple Cup Milk 	10 Honey Glazed Chicken Breast Parsley Potatoes-4 oz California Vegetable Blend WG Sweet Roll-1 ea Margarine-1 ea Fruit Cocktail-4 oz 100% Fruit Juice	11 	12 Pub Burger w/Cheese Potato Wedges 4 oz Lettuce/Tomato/Onion Mandarins-4 oz WG Bun Ketchup/Mustard 100% Fruit Juice 	13 Vegetable Beef Stew 8 oz. Tomatoes & Zucchini 4 oz. Garlic Roll Margarine Fresh Apple Milk-8 oz
16 Swedish Meatballs 6 ea Brown Rice-4 oz Green Beans-4 oz Mandarin Oranges-4 oz Crunchy Breadsticks-1 pkt Milk	17 BBQ Pork Loin Sweet Corn 4 oz Cole Slaw 4 oz Wheat Roll Mango & Papaya 4 oz Margarine 100% Fruit Juice	18 Crispy Chicken Salad 3 oz w/Apples, Cranberries & Feta HM Pasta Salad-4 oz Potato Roll Mixed Fruit Milk-8 oz 	19 Mostaccioli w/Meat Sauce 8 oz French Green Beans 4 oz Corn on the Cob 1 ea Fresh Pear Baked Breadstick 100% Fruit Juice Birthday Cake	20 Philly Chicken w/Cheese 3 oz Potato Wedges 4 oz Veggie Blend 4 oz Sub Bun Golden Apple Margarine-1 ea 100% Fruit Juice
23 Chili W/Ground Beef 8 oz Veggie Blend 4 oz Corn Bake 4 oz Fresh Orange Milk 	Thanksgiving Luncheon 24 Turkey Breast W/Gravy 3 oz Mashed Potatoes 4 oz Garey's Famous Green Beans 4 oz HM Mac & Cheese 4 oz Wheat Roll w/Margarine Holiday Cookie 100% Fruit Juice-4 oz 	25 Cobb Salad 4 oz w/Turkey, Cheese, Egg, Bacon Pasta Salad 4 OZ Fruit Muffin-1 ea Mandarin Oranges-4 oz Salad Dressing Pkt-1 ea Milk-8 oz	26 	27 
30 Creamy Turkey & Wild Rice Soup Chuck Wagon Veggie Blend Warm Apples Wheat Roll w/Margarine Milk				

PLEASE CALL THE DAY BEFORE 1:00 P.M. TO ORDER LUNCH – (810)659-4735
YOU ARE ABLE TO ORDER MULTIPLE DAYS IN ADVANCE!