



Monthly Publication brought to you by the Flushing Area Senior Center

February
2026

Our Perspective

for the 50+ generation

These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.

Programs / Events / Activities

COMMUNITY CONVERSATION

CONNECTING WITH OUR COMMUNITY

Hosted by
STATE SENATOR
John Cherry



Sign Up for My Enewsletters 

Monday, February 9 | 10 to 11 AM
Flushing Senior Center
106 Elm St, Flushing, MI 48433

STATE SENATOR JOHN CHERRY | (517) 373-0142 | SenJCherry@senate.michigan.gov
PRINTED IN-HOUSE

VALENTINES DAY LUNCHEON

Friday, February 13th
@ 11:30 a.m.

Reservations will be accepted beginning February 2nd

• FREE GCCARD LUNCH PROVIDED
◦ BAKED FISH IN CREAM SAUCE
◦ RICE PILAF
◦ VEGGIE BLEND
◦ MIXED FRUIT SALAD
◦ HAWAIIAN ROLL
◦ MILK

• SPECIAL SWEET TREATS
• PHOTO BOOTH
• PRIZES

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MICHIGAN SECRETARY OF STATE MOBILE OFFICE IS COMING TO YOU

Book a visit to complete your Secretary of State transactions, including:



First-time Michigan ID Renew driver's license or ID Transfer title Apply for/renew disability placard

The Secretary of State Mobile Office will be visiting the Flushing Area Senior Center to provide services to members to process their needed transactions.

Date: Wednesday, February 18th
Time: 10:00 a.m. - 3:00 p.m.
Location: FASC West Wing
106 Elm St., Flushing



For more information or to schedule your appointment, call (810)659-4735.

GENESEE COUNTY DEPARTMENT OF VETERANS SERVICES
324 S. Saginaw St., Flint, MI 48502
(810) 257-3068



MISSION STATEMENT
Strengthening the lives of Genesee County Veterans and their families through compassionate service, supportive resources, and professional advocacy.



BENEFIT SERVICES INCLUDE:

- Disability Compensation
- Pension Benefits
- Federal Burial Benefits
- VA Home Loans
- Additional Services Provided at our Office

A Veterans Service Officer is available to meet with you here at the center on Wednesday, February 25th. Call (810)659-4735 to make an appointment so as to assure you are receiving all of the benefits you are entitled to.

These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.

RESCHEDULED - FASC Open House

Friday, March 6th - 10:00 a.m. - 11:30 a.m.

**You're invited to an Open House celebrating
the grand opening of the new "WEST WING"
at the Flushing Area Senior Center!**

This special event will feature:

- Light refreshments
- Tour of the expanded space
- Highlights of new programs
- A special dedication of the new
Coffee Lounge in honor of Marcy LaSalle



Call to RSVP - (810)659-4735

FASC is once again collaborating
with Tyron & Associates LLC
to assist you with your tax
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needs at a discounted rate.



**FASC TAX
PREPARATION
SERVICES**

Informational packets with price lists can be
picked up at the center or can be accessed
under the quick links section of our website.

1040 Federal & State Filing is only \$75.00!



WWW.FLUSHINGSENIORCENTER.COM

These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.

Beating the Winter Blues: Tips for Seniors

As the cold winter days continue, some people experience low mood, fatigue, or loss of interest in activities. This is often called Seasonal Affective Disorder (SAD), or the “winter blues.” The good news is there are simple ways to help prevent it.

Get More Light

Sunlight helps regulate mood. Spend time outdoors during daylight hours when possible, or sit near sunny windows. Keeping curtains open during the day can brighten your home.

Stay Active

Gentle exercise such as walking, stretching, or chair exercises can boost energy and improve mood. Even a little movement each day helps.

Stay Connected

Social interaction is important year-round. Call friends, attend community programs, or participate in group activities to avoid isolation.

Eat Well

Nutritious meals and staying hydrated support both physical and emotional health. Try to eat regular meals with fruits, vegetables, and whole grains.

Keep a Routine

Maintaining a daily schedule for meals, sleep, and activities provides structure and gives you something to look forward to each day.

Ask for Help if Needed

If feelings of sadness or low energy last more than two weeks, talk with a healthcare provider. SAD is treatable, and support is available.

With healthy habits and staying connected, winter can be a season of comfort, activity, and well-being.

Exercise Programs

These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.

Basic Flow Yoga Gold

Tuesdays & Thursdays at 10:00 a.m.

Yoga Mat Required

Free of Charge

Instructor: Rhonda Straley

Includes gentle flow sequence with breathing breaks between each sequence. Class is dynamic in nature and requires the ability to move from lying down, kneeling, and standing postures.

Beginning Line Dancing

Each Monday at 9:00 a.m.

Free of Charge

Instructor: Darci

Learn the basic steps. Focus on simpler dances. Line Dancing provides heart healthy benefits of an aerobic exercise while engaging in a social activity and stimulates the mind!

Body Balance & Mobility

Wednesdays at 9:30 a.m.

& Fridays at 10:30 a.m.

Free of Charge

Instructor: Theresa Landis

This class is movement-based training to improve balance & coordination to prevent falls. Exercises are performed seated in a chair and standing up using the chair for support.

Chair Volleyball

Tuesdays at 12:30 p.m.

Free of Charge

Chair Volleyball is similar to regular volleyball, but with a smaller court and lower net, while seated during the match.

Drums Alive

Mondays & Wednesdays at 11:00 a.m.

Free of Charge

Instructor: Tobi Williams

Combining the benefits of a traditional fitness program with the brain affected benefits of music and rhythm. Fun and fitness go together in this class. Exercise balls, drum sticks and ball buckets provided!

Exercises for Everyday Living

Tuesdays & Thursdays at 8:40 a.m.

Free of Charge - Instructor: Darci

Uses basic movement to strengthen balance, posture, flexibility, and coordination. Uses a chair, so there is no reason not to exercise!

Exercise Station - Free of Charge

- Mondays - 10:15 a.m. - 11:00 a.m.

- Tuesdays - 11:30 a.m. - 1:00 p.m.

- Wednesdays - 8:00 a.m. - 9:30 a.m.

- Thursdays - 2:15 p.m. - 4:00 p.m.

- Fridays - 8:00 a.m. - 9:00 a.m.

The center has a variety of pieces of exercise equipment including a recumbent bike, a rowing machine and an airdyne bike. Come join us at the following times/days at your leisure while watching TV or listening to music.

Pickleball @ E.C.C.

Mondays & Thursdays

11:00 a.m. - 1:00 p.m.

Free of Charge

All abilities welcome!

Pickleball Informational Meeting

Wednesday, February 18th at 3:15 p.m.

All members **must** attend a one-time informational meeting at the center prior to participation. No RSVP required.

Silver Sneakers Stability

Each Tuesday at 2:00 p.m.

Free of Charge

Instructor: Abbie Mars

This class will help you be stronger, improve your balance, and decrease your risk of falling while helping protect your independence, reduce body fat, improve mobility, endurance & coordination.

Tai Chi

Each Thursday at 1:00 p.m.

Free of Charge

Instructor: Darci

Tai Chi is a slow-moving exercise that helps with balance, focus, body control, stress relief and is good for people with arthritis. With a little patience and time, you will start to notice a difference and have a little fun!

Fun & Games

Bunco

Each Thursday at 2:00 p.m.

Bunco is a dice game that is easy to learn the first time you play, no experience necessary!

Cornhole

Each Thursday at 2:15 p.m.

Looking for new and experienced players to join in our new weekly cornhole game.

Dominoes

Each Monday at 12:30 p.m.

Come and play Mexican Train Dominos.

No experience necessary!

Euchre

Each Tuesday at 1:00 p.m.

Play using standard Euchre rules. New players need to already have the skills and knowledge to play.

Hand Knee & Foot

Each Thursday at 9:00 a.m.

The game is a variation of Canasta, is similar to Samba but yet a little different. It's an easy game to learn and lots of fun to play!

Jigsaw Puzzles

Browse through the puzzle selection located in the activity room. You are welcome to take one or more home to put together!

Mah Jongg

Wednesdays & Fridays at 1:00 p.m.

Play using American Mah-Jongg rules. Players need to already know how to play.

Training available by request.

Penny Bingo

Each Friday at 1:00 p.m.

Use pennies as markers. Winner wins everyone's markers. Cards cost \$0.25 each or 6 for \$1 (6 card limit). A variety of Bingo patterns played to keep it interesting. Money collected for cards is the prize when playing a cover all. Based on Michigan state law, players must be at least age 60 or older to play.

Ping Pong

Wednesdays & Fridays at 2:30 p.m.

Ping Pong is recreational, but competitive so bring your A-game and use all your skills to your best advantage and maybe win!

Poker

Each Monday at 6:00 p.m.

Play dealer's choice and play a variety of games. All games are based on a five card poker hand.

Samba

2nd & 4th Mondays at 12:30 p.m.

Samba Cards is easy to learn and has similarities to Canasta, Hand and Foot, Hand, Knee and Foot, Rummy, and Books and Runs. Anyone with card experience can learn this game.

Ann's Adventures

Office Hours: Mon – Fri 9:00 a.m. – 5:00 p.m.
Hours may vary when Ann is traveling
Office phone: 810-640-8303
E-mail: aanderson@annsadventures.net
Website: www.annsadventures.net

**Going on a trip with Ann?
Please register through the Center and
help us earn \$5.00 with every trip you take!
Questions? Call (810)814-9232.**

Here's an At-A-Glance list of upcoming trips:

- * **Lovin' Spoonful**
Date: Saturday, February 7th
Cost: \$88.00 per person
Departure: 4:30 p.m. from the Clio Kmart
- * **The Classic King**
Date: Wednesday, February 11th
Cost: \$90.00 per person
Departure: 1:00 p.m. from the Clio Kmart
- * **Hollywood Nights – Bob Seger**
Date: Friday, February 20th
Cost: \$98.00 per person
Departure: 4:30 p.m. from Clio Kmart
- * **Taste of Broadway – Turkeyville**
Date: Tuesday, February 24th
Cost: \$95.00 per person
Departure: 9:30 a.m. from Clio Kmart
- * **What The Constitution Means To Me**
Date: Wednesday, March 4th
Cost: \$80.00 per person
Departure: 11:00 a.m. from Clio Kmart
- * **Manhattan Dolls – Turkeyville**
Date: Wednesday, March 11th
Cost: \$95.00 per person
Departure: 9:30 a.m. from Clio Kmart
- * **Menopause the Musical 2**
Date: Sunday, March 15th
Cost: \$100.00 per person
Departure: 12:15 p.m. from Clio Kmart
- * **Dial M for Murder – Turkeyville**
Date: Thursday, March 26th
Cost: \$95.00 per person
Departure: 9:30 a.m. from Clio Kmart
- * **Come From Away**
Date: Wednesday, April 1st
Cost: \$80.00 per person
Departure: 11:00 from the Clio Kmart
- * **Murder On The Links**
Date: Wednesday, April 15th
Cost: \$90.00 per person
Departure: 1:00 p.m. from the Clio Kmart
- * **Divine Women 2 – Petrolia**
Date: Thursday, April 23rd
Cost: \$130.00 per person
Departure: 8:45 a.m. from Clio Kmart

Support Groups / Senior Services

Alzheimer's Support Group

Thursday, February 5th at 2:00 p.m.

This group, facilitated by Dawn Shurter, is open to anyone caring for a family member or friend with either Alzheimer's Disease or some form of dementia.

Blood Pressure Check

Each Thursday from 10:00 a.m. - 11:00 a.m.

No appointment necessary. Walk-Ins welcome!

Grief Support Group

Tuesday, February 10th & 24th - 2:00 p.m.

The Medical Team provides on-going grief support for anyone who has experienced the death of a loved one. Their purpose to provide education about normal grief reactions as well as a safe environment where feelings are validated and accepted.

Legal Assistance

Friday, February 13th

9:00 a.m.-12:00 p.m. & 1:00 p.m.-2:00 p.m.

If you are in need of assistance with a legal issue you can call the Senior Center office to schedule a free appointment to meet with Seth Neblock, an Elder Law Attorney from Legal Services of Eastern Michigan.

Loan Closet

We have Medical Equipment available to borrow which includes: walkers, canes, and wheelchairs. Call the office if you are in need of medical equipment. Donations of some clean medical equipment accepted during regular business hours.

Medicare / Medicaid Questions?

Call **1-800-803-7174**. You will be connected to a call center that will direct you to local agencies such as Elder Law, Genesee Health Plan and MiGen assist you with your insurance needs.

Veterans Coffee Hour

Friday, February 6th & 20th - 9:30 a.m.

Join us for coffee, treats and conversation with your fellow veterans.

Veterans Services

Wednesday, February 25th - 9:30 a.m. - 2:30 p.m.

Veterans, are you receiving all of the benefits you are entitled to? Call the center to schedule an appointment here at the center.

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FEBRUARY 2026

Office Hours
Monday - Friday
8:00 a.m. - 4:00 p.m.

Flushing Area Senior Center
106 Elm Street, Flushing, MI 48433
www.flushingseniorcenter.com
Phone 810.659.4735
Fax 810.659.4686

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Greg Matheson, Executive Director
Roxanna Gay, Office Manager
Erin Faith, Office Assistant

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6

16	17	18	19	20
 <p>HAPPY PRESIDENTS DAY!</p>	<p>8:40 Exercises for Everyday Living 9:00 Shopping @ Bueches 9:00 Tech Tutoring w/Charlotte Knit/Crochet/Craft 10:00 Basic Flow Yoga Gold 11:30 Exercise Station 11:30 Congregate Meal 12:30 Chair Volleyball 12:30 Senior Women's Book Club 1:00 Euchre 1:30 Woodshop @ E.C.C. 2:00 Silver Sneakers</p>	<p>8:00 Exercises for Everyday Living 8:30 Flushing Artistic Gathering 9:30 Body Balance & Mobility 9:30 Woodshop @ E.C.C. 10:00 Mobile Secretary of State 11:00 Drums Alive 11:30 Congregate Meal 12:30 Strayed Quilters 1:00 Writers Group 1:00 Mah Jongg 2:30 Ping Pong 3:15 Pickleball Informational Meeting @ FASC</p>	<p>8:40 Exercises for Everyday Living 9:00 Hand, Knee & Foot 10:00 Blood Pressure Check 10:00 Basic Flow Yoga Gold 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 12:30 Strayed Quilters 1:00 Tai Chi 2:00 Bunco 2:15 Cornhole 2:15 Exercise Station</p>	<p>8:00 Exercise Station 9:00 Shopping @ ALDI 9:00 SWG Senior Grand Prix @ FASC 9:30 Fly Tying 9:30 Veterans Coffee Hour 10:30 Body Balance & Mobility 11:30 Congregate Meal 1:00 Penny Bingo 1:00 Mah Jongg 1:00 SWG Spelling Bee @ FASC 2:30 Ping Pong</p>
CENTER CLOSED		24	25	26
		<p>8:40 Exercises for Everyday Living 9:00 Shopping @ Bueches 9:30 Knit/Crochet/Craft 10:00 Basic Flow Yoga Gold 10:00 Woodshop Safety Training 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 12:30 Chair Volleyball 1:00 Euchre 1:30 Woodshop @ E.C.C. 2:00 Silver Sneakers 2:00 Grief Support Group</p>	<p>8:00 Exercises for Everyday Living 8:30 Flushing Artistic Gathering 9:30 Body Balance & Mobility 9:30 Woodshop @ E.C.C. 9:30 Veteran Services @ FASC 11:00 Drums Alive 11:30 Congregate Meal 1:00 Writers Group 1:00 Mah Jongg 1:00 Connecting Threads 2:30 Ping Pong</p>	<p>8:40 Exercises for Everyday Living 9:00 Hand, Knee & Foot 10:00 Blood Pressure Check 10:00 Basic Flow Yoga Gold 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 1:00 Tai Chi 1:00 Shopping @ Meijer 2:00 Bunco 2:15 Cornhole 2:15 Exercise Station</p>
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Flushing Area Senior Center



Arts, Crafts, Clubs & Other

Chair Massage

Thursday, February 12th - 12:00 p.m. - 3:30 p.m.

Chair massages are given by certified massage therapist: Mary Ann Orme. During a chair massage you stay fully dressed and experience a massage for your shoulders, neck, arms, back, legs, hands and feet. The cost is **\$7.00 for 10 minutes**. Appointments are accepted on the first business day of the month.

Connecting Threads

Wednesday, February 11th & 25th - 1:00 p.m.—3:30 p.m.

The "Connecting Threads" Needlework & Crafts Group meets from 1:00 p.m. to 3:30 p.m. Bring a project to work on and join us!

Flushing Artistic Gathering

Each Monday & Wednesday at 8:30 a.m.

Whether you use watercolors, acrylics, colored pencils or markers, this event is for you. All mediums welcome with the exception of oils. Learn new tricks and techniques from others and meet new friends. Bring your own painting supplies. Coloring supplies are available. All experiences are welcome!

Fly Tying

Each Friday at 9:30 a.m.

This group gets together to tie flies for fly-fishing. You must bring your supplies, be with some friends as you tie!

Knit - Crochet - Craft

Each Tuesday at 9:30 a.m.

Bring your own projects to work on, share your ideas and talk about your projects with each other. Some knit afghans or dishcloths, others crochet baby sweaters or scarves. Some do embroidery, cross stitch, or needlepoint. Some simply enjoy sitting and chatting! There is no teacher, but there is always someone willing to help you with your project questions or problems. Please join us!

Lending Library

Gently-used books available to lend out in the Lending Library located in the back of the Activity Room. Come browse the wide selection of books available to borrow. Donations of new or gently-used books are always welcome.

Make It, Take It Card Making Class

Monday, February 9th at 1:00 p.m. - Free of Charge

Instructor: Rosemary Magley

Samples of this month's cards are on display in the Lunch Room. Bring your own scissors and adhesive. If needed, you can purchase adhesive from Rosemary. Additional cards are available to purchase on class day. Please sign up in advance on the first business day of the month. Reservations are accepted on the first business day of the month.

Senior Women's Book Club

Tuesday, February 17th at 12:30 p.m.

Members take turns choosing a book they think will be interesting for the group to discuss. Books include all genres. Copies of the chosen book are usually provided through the GDL Bag of Books program.

Strayed Quilters

Thursday, February 19th at 12:30 p.m.

This group makes quilts at home then brings them to the monthly meetings to donate to one of two organizations:

- 1) Project Linus
- 2) Horses for Hope

These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.

Tech Tutoring w/Charlotte & Sawyer - FREE!

Tuesday, January 6th & 20th - 9:00 a.m. - 12:00 p.m.

Friday, February 24th - 10:00 a.m. - 12:00 p.m.

Charlotte & Sawyer can assist with smartphones, laptops, other electronics and basic computer skills. Call to make an appointment.

Woodcarving

Each Monday at 12:30 p.m.

This group works mostly with bass wood using a variety of carving tools. The group has many experienced woodcarvers willing to share techniques and advice on whatever project you are working on. Newcomers to woodcarving are welcome!

Woodshop @ ECC

Tuesdays - 1:30 p.m. - 4:00 p.m.

Wednesdays - 9:30 a.m. - 12:00 p.m.

The woodshop is located at the Early Childhood Center is open during the school year. Available equipment includes a table saw, lathe, planer, jointer, belt sander, disc sander, miter saw, router table and drill press. Talented members are available to help with equipment and projects!

Woodshop Safety Training @ FASC

Tuesday, February 24th - 10:00 a.m. - 11:30 a.m.

Using the Woodshop requires you to complete our safety training course at the center as well as have an annual criminal background check completed. No RSVP required.

Writers' Group

Each Wednesday at 1:00 p.m.

We are a gathering of men and women who share writings of life experiences, interests and more. This can include journals, poems, short stories and readings. Writing prompts are available.

FASC BUS SCHEDULE

SHOPPING @ ALDI

3RD FRIDAY OF EACH MONTH @ 9:00 A.M.

SHOPPING @ BUECHE'S

EACH TUESDAY @ 9:00 A.M.

SHOPPING @ MEIJER - SWARTZ CREEK

4TH THURSDAY OF EACH MONTH

DEPART @ 1:00 P.M. / RETURN @ 3:00 P.M.

SHOPPING @ WALMART - CLIO

1ST WEDNESDAY OF EACH MONTH

DEPART @ 1:00 P.M. / RETURN @ 3:00 P.M.



Please call the Center at least one day in advance for a ride. Please be ready when the bus arrives. Cancellations should be made by contacting the Center in a timely manner.

The Center retains the right to revoke any rider for any reason from the program.

Our bus is not equipped for wheelchair transportation and our volunteer drivers are not qualified to care for dependent Seniors: therefore, riders must be able to enter and exit the bus without assistance. We are not designated for emergency assistance.

Riders are required to follow all safety regulations when riding on the bus.

Suggested donation per round trip - \$3.00

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living within the Flushing School District.**



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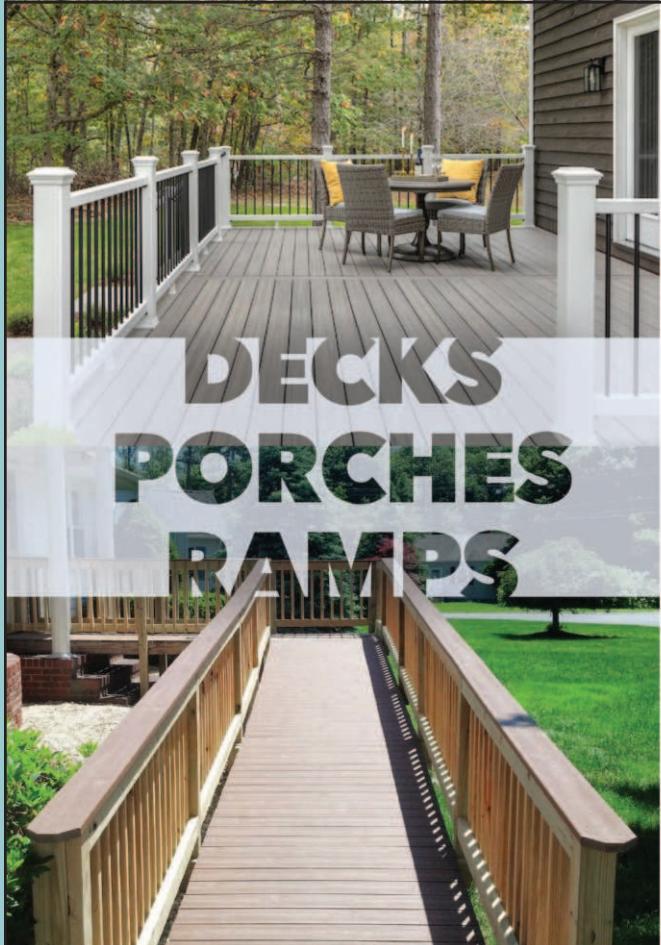
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LUNCH TIME!

FEBRURARY CONGREGATE MENU

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
2 Meatloaf w/Gravy Redskin Mashed Potatoes-4 oz. Sweet Green Peas-4 oz. Fresh Apple Multi-Grain Roll Margarine Milk	2 HM White Chicken Chili-8 oz. Whole Kernel Corn-4 oz. Mini Corn Muffin Pear Cup Margarine 100% Fruit Juice	2 Turkey Tetrazzini-8 oz. Chuck Wagon Veggies-4 oz. Key West Vegetable Blend-4 oz. Strawberry Applesauce Potato roll Milk	2 Sweet & Sour Pork Loin California Blend-4 oz. Rosemary Potatoes-4 oz. Pineapples Dinner Roll Margarine 100% Fruit Juice	2 Turkey, Ham & Cheese Sub Pasta Salad-4 oz. Baby Carrots-4 oz. WG Bun Mandarins-4 oz. Mayo & Mustard Milk
9 Cheese Ravioli w/Meat Sauce Cauliflower-4 oz. Diced Carrots-4 oz. Peaches-4 oz. Potato Roll Margarine Milk	10 HM Beef Stew-6 oz. w/ Stewed Vegetables Green Beans-4 oz. Warm Peaches-4 oz. Biscuit 100% Fruit Juice	11 Chicken Parm Sandwich Potato wedges-4 oz. Mixed Veggies-4 oz. Diced Pears-4 oz. WG Bun Margarine Milk	12 Potato Soup w/Ham & Bacon-8 oz. Sweet Corn-4 oz. Corn Muffin Fresh Orange Margarine 100% Fruit Juice Cookie of the Month	13 Baked Fish in Lemon Cream Sauce Rice Pilaf-4 oz. Veggie Blend-4 oz. Mixed Fruit Salad-4 oz. Hawaiian Roll Margarine Milk
16 	17 HM Sloppy Joes-3 oz. Veggie Blend-4 oz. Cauliflower-4 oz. Golden Apple WG Bun Margarine 100% Fruit Juice	18 Tangerine Chicken in Stir fry Vegetables-6 oz. Crinkle Cut Carrots-4 oz. Brown Rice-4 oz. Diced Pineapples-4 oz. Potato Roll Margarine Milk	19 Baked BBQ Chicken Thighs Loaded Potato Salad-4 oz. Southern Green Beans-4 oz. Whole Wheat Roll Fresh Orange Margarine 100% Fruit Juice Birthday Cake	20 Artisan Mac & Cheese-8 oz Stewed Tomatoes-4 oz Steamed Broccoli-4 oz Potato Roll Margarine Diced Pears-4 oz. Milk
23 Breaded Chicken Sandwich Diced Potatoes-4 oz. Winter Blend Veggies-4 oz. Apricots-4 oz. Wheat Bun Margarine Milk	24 Chef Salad w/Turkey, Cheese & Eggs-3 oz. Romaine Lettuce-4 oz. Sliced Cucumbers-4 oz. Fruit Cocktail-4 oz. Flatbread Half 100% Fruit Juice	25 HM Goulash-8 oz. Spinach-4 oz. Baby Carrots-4 oz. Fresh Apple Corn Bread Margarine Milk	26 Chicken & Sausage Jambalaya w/Brown Rice Corn Bake-2 oz. Green Beans-4 oz. Diced Peaches-4 oz. 100% Fruit Juice	27 Turkey Burger w/ Cheese Leaf Lettuce/Sliced Tomato Cole Slaw-4 oz. Peas & Carrots-4 oz. Fruit Salad Whole Wheat Bun Mayo & Mustard Milk

PLEASE CALL THE DAY BEFORE 1:00 P.M. TO ORDER LUNCH - (810)659-4735

YOU ARE ABLE TO ORDER MULTIPLE DAYS IN ADVANCE!

These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.

HAPPY, HAPPY, HAPPY BIRTHDAY!!!

FEBRUARY BIRTHDAYS

Linda Adair	Frank Dumas	Peggy Hammond	Marcia Loje	Cheri Palmer	Don Stranahan
Robert Amesbury	Doug Earhart	Philip Hanna	Dave Lucas	Sharon Papcun	Janet Sulz
Martin Beatenhead	Rusty Eavy	Valerie Harland	Mildred MacMain-Prause	Frann Parker	Marcia Thomas
Carol Belford	Betsy Eller	Dave Hendry	Richard Magee	Jim Payne	Kathy Thorsby
Terry Bigelow	Janise Epperson	Rebecca Herr	Steve Makranyi	Paul Pittenturf	Ruth Thrash
Michael Bishop	Yvonne Etzler	Karen Herriman	Denise Malone	Dolores (Dee) Poindexter	Ronald Trafas
Linda Bjaland	Sue Faris	Barbara Hill	Anne Mark	Mary Lou Poniers	Michelle VanBuskirk
Diane Blower	Marty Ferrara	Georgette Howko	Julie Maslak	Denise Putman	Veronica Vanitvelt
Dawn Bowman	Carolyn Fitzpatrick	Bettie Hunter	Sean McCormick	Jill Rajewski	Richard Wagonlander
Ruth Brandes	Carol Flowers	Kalus Jackson	Margaret McLaughlin	Pamela Redman	Marion Walden
Angela Brandt	Mike Flowers	Mildred Jackson	Annette McLeod	Janet Reem	Holly Walker-Herr
Randy Briggan	Debbie Foltz	Carol Johnson	Bruce McPherson	Elizabeth Reger	Pamela Ward
Kaye Brisson	Tom Forsythe	Loren Johnson	Hilda McShane	Cathy Riley	Betty Way
Roy Brown	Lawrence Fortune	Brenda Jordan	Jamie Meacham	Thomas Rudich	Ila (Jean) Weirauch
Lisa Campbell	Lamont Frazer	Jane Jozsa	Theresa Medley	Carol Ruppel	Pamela White
Marcia Carley	Carol Fritz	Tim Judson	Robert Meinzer	Carla Russell	Martha Williams
Nancy Chapman	Deborah Funches	Barb Kanaar	Doug Miller	Dennis Sanborn	Sandra Williams
Carol Chappel	Jennifer Gagne	Kevin Keane	Marguerite Miller	Marv Schiefer	Shelley Wilson
Karen Clark	Michael Gallagher	Lee Kerry	Carol Mitsdarfer	Shirley Schiefer	William Wilson
Paula Craney	Marie Gengler	Michael Kraemer	Margie Mize	Merril Shaw	Thomas Wittock
Charles Davey	Mac Gentry	Rita Kuchar	Wendy Morrish	Mike Sheets	Dale Wolbert
Gary Dearing	John Gillett	Carla LaBombard	Ruth Nagel	Dorothy Shuck	Kathryn T. Wright
Janis Denkins	Peggy Gonyea	Connie LaBombard	Carrie Nettleton	Charles Snooks	Clarence Yax
Stephany Diana	Peggy Gray	Roger Laing	Barbara Newtown	Debbie Soltys	
Carrie Dickinson	Connie Grice	Sue Leonard	Joe Okoneski	Noreen Spencer	
Rick Doerr	Mary Guthrie	Barbara Loafman	Robert Oles	Frances Stamm	
Al DuBois	David Ham	Debbie Locke	Milo Olson	Tom Stevens	



These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.

FASC Information

The Flushing Area Senior Center

106 Elm Street, Flushing MI 48433

Phone: 810.659.4735

Fax: 810.659.4686

Email: greg@flushingseniorcenter.com

Website: www.flushingseniorcenter.com

Center Hours

Monday - Friday - 8:00 a.m. - 4:00 p.m.

Office Staff

Greg Matheson - Executive Director

Roxanna Gay - Office Manager

Erin Faith - Office Assistant

Board of Directors

Michael Stanton - Chairperson - *At-Large Member*

Sharri Willette - Co-Chair - *Flushing Township*

Marie Zuk - Secretary - *City of Flushing*

Sharon Vance - Treasurer - *At-Large Member*

Lois Nickel - *At-Large Member*

Eric Johnson - *City of Flushing*

Sue Leonard - *City of Flushing*

Mary Smith - *City of Flushing*

Richard Wagonlander - *City of Flushing*

Shelley Thompson - *Clayton Township*

Rick Bigelow - *Flushing Township*

Terry Pattillo - *Flushing Township*

Upcoming Board Meetings

- ◆ Tuesday, March 24th 7:00 p.m.
- ◆ Tuesday, May 26th 7:00 p.m.

The Flushing Area Senior Center serves the senior residents of Flushing, Flushing Township, and Clayton Township. Everyone age 50+ is welcome!

Our Mission Statement

The Flushing Area Senior Center is a community focal point where adults who have achieved the age of 50 come together for service and activities that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence and encourage their involvement in and with the Center and the community.

Flushing Area Senior Center

Funding Sources

The majority of funding is from the Genesee County Senior Millage. Other Funding Sources are: City of Flushing, Charter Township of Flushing, United Way of Flushing, Member Contributions, Memorial Donations and Fundraisers.

Memorial Donations

Memorial Donations to the Flushing Area Senior Center are a nice way to create a lasting memory in remembrance of a loved one, family member or friend. Donation envelopes are available at the Center or at area funeral homes. The Flushing Area Senior Center is a private, non-profit organization and all of the donations are tax-deductible.

FASC

Winter Weather Closing Policy

Living in Michigan, we all know that winter weather can shut down our normal activities in a hurry. Because every storm can look different, we would ask you to check the following sources for updates regarding the potential closure of the center:

- *Local TV Stations
- *FASC Website
- *FASC Facebook Site



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GENESEE COUNTY
MICHIGAN

Enjoy a Daily Lunch!

Eat In at the Flushing Area Senior Center

The Meal is available to eat in
Monday thru Friday from 11:30 a.m. to 12:30 p.m.

Ages 60 and over: \$3.00 suggested donation
Ages 50 - 59 and All Non-Genesee County Residents
Age 50+ are required to pay \$6.00



Reservations are required. Call the Center at 810-659-4735
by 1:00pm the weekday before to place your lunch
reservation. See Page 10 for full menu.