



Monthly Publication brought to you by the Flushing Area Senior Center

December
2025

Our **Perspective**

for the 50+ generation

These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.

Update on the Old Library Wing Renovations

I'm pleased to share an update on the exciting progress taking place in the old library wing. Thanks to the generous support of our FASC Board of Directors, approximately \$50,000 has been committed to transforming this space into one that will greatly expand the variety of programming we can offer. These funds come directly from the Center's general fund and will not require any fundraising initiatives or additional out-of-pocket expenses for our members.

Our revised renovation plan includes: Network upgrades, Installation of a power door opener at the front entrance, A new check-in kiosk, Interactive camera system, Fresh paint, New flooring, New drywall, New interior windows, An 85-inch television, Surround sound speaker system, New outdoor signage, A new kitchenette

Once renovations are completed, we will be launching a range of new and expanded programming, including:

- A full-time coffee lounge
- A full-time dedicated exercise room
- A full-time game & puzzle room
- Additional classes and activities based on member survey feedback

Our goal is to have renovations finished by early January, with a formal Open House to follow. Additional updates will be shared as we move forward. In the meantime, please don't hesitate to contact me with any questions or to request a guided tour of our new wing!

Best Regards,

Greg Matheson

Executive Director

Programs / Events / Activities

COFFEE TALK

w/ Mayor Ed Sullivan

Monday, December 1st @ 2:00 p.m.

Come join us to receive the latest updates as well as ask questions of the Mayor along with representatives of City Council.



This Meet & Greet is informational only. FASC does not support/endorse politicians, candidates or parties.



Watercolor Basics

w/Christie Macclomel

Wednesday, December 3rd - 9:30 a.m.

Join Christie as you learn the fundamentals of watercolor using basic techniques that all artists use in their everyday painting!

Cost - \$10.00

Call (810)659-4735 to RSVP

The Tree at Mott Park



Recommended Supply List

- Paper - 11" x 14" Arches Cold Pressed Block
- Brushes - Large Bristle Brush, Rigger, Flat, Round
- Box of Inexpensive Tissue
- Container for Water
- Palette
- Paint - Artists' Grade Recommended
 - Dark Green (Shadow)
 - Dark Blue (Cobalt)
 - Dark Brown (Burnt Umber)
 - Yellow (Transparent Lemon)
 - Red (Primary Red Magenta)
 - Gray (Paynes Gray)
- Recommended Brands
 - M. Graham / Holbein / Winsor & Newton
 - Daniel Smith / MaimeriBlu / Sennelier

FASC DAY TRIP



Lunch Menu

parmesan crusted chicken, mashed potatoes, vegetables, salad & dessert

Cost - \$30.00

Includes:
Bus Trip / Lunch / Show

Call (810)659-4735 to RSVP. Payment secures your seat!



Thursday, December 4th

@ Older Persons' Commission, Rochester

The bus will depart from the Bueche's parking lot at 10:00 a.m. so we will have time to check out the gift shop and center. We will depart after the show is concluded at 3:00 p.m. with an estimated arrival of 4:00 p.m.



MICHIGAN SECRETARY OF STATE
MOBILE OFFICE IS COMING TO YOU



Book a visit to complete your Secretary of State transactions, including:



Date: Friday, December 12th
Time: 10:00 a.m. - 3:00 p.m.
Location: FASC Annex
106 Elm St., Flushing

The Secretary of State Mobile Office will be visiting the Flushing Area Senior Center to provide services to members to process their needed transactions.

For more information or to schedule your appointment, call (810)659-4735.



FLUSHING AREA SENIOR CENTER

Ladies Christmas Tea

Monday, December 15th
@ 12:00 p.m.

LUNCH | ENTERTAINMENT | FUN



COST - \$18.00

Interested in hosting a table?
Please contact us for details.



RSVP by Monday, December 8th
(810)659-4735

GENESEE COUNTY DEPARTMENT OF VETERANS SERVICES

324 S. Saginaw St., Flint, MI 48502
(810) 257-3068



MISSION STATEMENT

Strengthening the lives of Genesee County Veterans and their families through compassionate service, supportive resources, and professional advocacy.



BENEFIT SERVICES INCLUDE:

- Disability Compensation
- Pension Benefits
- Federal Burial Benefits
- VA Home Loans
- Additional Services Provided at our Office

A Veterans Service Officer is available to meet with you at the Flushing Area Senior Center on **Wednesday, December 17th**
Call (810)659-4735 to make an appointment so as to assure you are receiving all of the benefits you are entitled to.

These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.

Programs / Events / Activities



FASC Christmas Luncheon

Thursday, December 18th
11:30 a.m. - 12:30 p.m.

Glazed Pork Loin
Roasted Vegetable Medley
Candied Yams, Apple Crisp
Wheat Roll
Fruit Juice & Coffee

Free of Charge!
Seating is limited

**Reservations will be accepted
beginning December 5th**
(810)659-4735



OLD NEWSBOYS OF FLINT

The Old Newsboys of Flint are collecting the following for children newborn to age 18: hats, scarves, mittens, gloves, books, toys, games, stuffed animal, school supplies, fleece blankets, socks, and underwear.

You can also sponsor a child for \$20. Donations can be dropped off at the center up through **Friday, December 19th**.

SENIOR WINTER GAMES IS BACK!!

FEBRUARY 2ND - MARCH 4TH, 2026

COST: \$15.00 PER PERSON
(EXTRA \$3.00 FEE FOR BOWLING EVENT)



REGISTRATION WINDOW
MONDAY, NOVEMBER 10TH
TO THURSDAY, JANUARY 8TH

**INCLUDES: T-SHIRT, UNLIMITED EVENTS, OPENING CEREMONY
WITH ENTERTAINMENT & CLOSING BANQUET LUNCHEON!**



2026 EVENTS INCLUDE: PIE EATING, BOWLING, JIGSAW PUZZLE, SPADES, CHECKERS, SCRABBLE, YAHTZEE, HAND KNEE FOOT, SHUFFLEBOARD, COMPETITIVE TABLE TENNIS, RECREATIONAL PING PONG, CRIBBAGE, PINOCHLE (SINGLE DECK), SUDUKO, DOMINOES (MEXICAN TRAIN), SOFTBALL TOSS, FREE THROW, EUCHRE, BAKING, PICKLEBALL, WALKING, DARTS, CORN HOLE, ARTS & CRAFTS, SENIOR GRAND PRIX, SPELLING BEE, LINE DANCING, POOL, MINI GOLF, FRISBEE TOSS AND LADDER GOLF

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Exercise Programs

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Basic Flow Yoga Gold

Tuesdays & Thursdays at 10:00 a.m.

Yoga Mat Required

Free of Charge

Instructor: Rhonda Straley

Includes gentle flow sequence with breathing breaks between each sequence. Class is dynamic in nature and requires the ability to move from lying down, kneeling, and standing postures.

Beginning Line Dancing

Each Monday at 9:00 a.m.

Free of Charge

Instructor: Darci

Learn the basic steps. Focus on simpler dances. Line Dancing provides heart healthy benefits of an aerobic exercise while engaging in a social activity and stimulates the mind!

Body Balance & Mobility

Wednesdays at 9:30 a.m.

& Fridays at 10:30 a.m.

Free of Charge

Instructor: Theresa Landis

This class is movement-based training to improve balance & coordination to prevent falls. Exercises are performed seated in a chair and standing up using the chair for support.

Chair Volleyball

Tuesdays at 12:30 p.m.

Free of Charge

Chair Volleyball is similar to regular volleyball, but with a smaller court and lower net, while seated during the match.

Drums Alive

Mondays & Wednesdays at 11:00 a.m.

Free of Charge

Instructor: Tobi Williams

Combining the benefits of a traditional fitness program with the brain affected benefits of music and rhythm. Fun and fitness go together in this class. Exercise balls, drum sticks and ball buckets provided!

Exercises for Everyday Living

Tuesdays & Thursdays at 8:40 a.m.

Free of Charge - Instructor: Darci

Uses basic movement to strengthen balance, posture, flexibility, and coordination. Uses a chair, so there is no reason not to exercise!

Exercise Station - Free of Charge

- Mondays - 10:15 a.m. - 11:00 a.m.

- Tuesdays - 11:30 a.m. - 1:00 p.m.

- Wednesdays - 8:00 a.m. - 9:30 a.m.

- Thursdays - 2:15 p.m. - 4:00 p.m.

- Fridays - 8:00 a.m. - 9:00 a.m.

The center has a variety of pieces of exercise equipment including a recumbent bike, a rowing machine and an airdynne bike. Come join us at the following times/days at your leisure while watching TV or listening to music.

Pickleball @ E.C.C.

Mondays & Thursdays

11:00 a.m. - 1:00 p.m.

Free of Charge

All abilities welcome!

Pickleball Informational Meeting

Wednesday, December 17th at 3:15 p.m.

All members **must** attend a one-time informational meeting at the center prior to participation. No RSVP required.

Silver Sneakers Stability

Each Tuesday at 2:00 p.m.

Free of Charge

Instructor: Abbie Mars

This class will help you be stronger, improve your balance, and decrease your risk of falling while helping protect your independence, reduce body fat, improve mobility, endurance & coordination.

Tai Chi

Each Thursday at 1:00 p.m.

Free of Charge

Instructor: Darci

Tai Chi is a slow-moving exercise that helps with balance, focus, body control, stress relief and is good for people with arthritis. With a little patience and time, you will start to notice a difference and have a little fun!

Fun & Games

Bunco

Each Thursday at 2:00 p.m.

Bunco is a dice game that is easy to learn the first time you play, no experience necessary!

Cornhole

Each Thursday at 2:15 p.m.

Looking for new and experienced players to join in our new weekly cornhole game.

Dominoes

Each Monday at 12:30 p.m.

Come and play Mexican Train Dominos.

No experience necessary!

Euchre

Each Tuesday at 1:00 p.m.

Play using standard Euchre rules. New players need to already have the skills and knowledge to play.

Hand Knee & Foot

Each Thursday at 9:00 a.m.

The game is a variation of Canasta, is similar to Samba but yet a little different. It's an easy game to learn and lots of fun to play!

Jigsaw Puzzles

Browse through the puzzle selection located in the activity room. You are welcome to take one or more home to put together!

Mah Jongg

Wednesdays & Fridays at 1:00 p.m.

Play using American Mah-Jongg rules. Players need to already know how to play.

Training available by request.

Penny Bingo

Each Friday at 1:00 p.m.

Use pennies as markers. Winner wins everyone's markers. Cards cost \$0.25 each or 6 for \$1 (6 card limit). A variety of Bingo patterns played to keep it interesting. Money collected for cards is the prize when playing a cover all. Based on Michigan state law, players must be at least age 60 or older to play.

Ping Pong

Wednesdays & Fridays at 2:30 p.m.

Ping Pong is recreational, but competitive so bring your A-game and use all your skills to your best advantage and maybe win!

Poker

Each Monday at 6:00 p.m.

Play dealer's choice and play a variety of games. All games are based on a five card poker hand.

Samba

2nd & 4th Mondays at 12:30 p.m.

Samba Cards is easy to learn and has similarities to Canasta, Hand and Foot, Hand, Knee and Foot, Rummy, and Books and Runs. Anyone with card experience can learn this game.

Travel

Ann's Adventures

Office Hours: Mon – Fri 9:00 a.m. – 5:00 p.m.

Hours may vary when Ann is traveling

Office phone: 810-640-8303

E-mail: aanderson@annsadventures.net

Website: www.annsadventures.net

Going on a trip with Ann?

Please register through the Center and
help us earn \$5.00 with every trip you take!

Here's an At-A-Glance list of upcoming trips:

- * **Starbright Christmas # 3 – Petrolia**
Date: Wednesday, December 3rd
Cost: \$125.00 per person
Departure: 8:45 a.m. from Clio Kmart
- * **A Christmas Carol**
Date: Wednesday, December 10th
Cost: \$80.00 per person
Departure: 11:00 a.m. from Clio Kmart
- * **The Naughty List – Turkeyville # 2**
Date: Tuesday, December 16th
Cost: \$95.00 per person
Departure: 9:30 a.m. from Clio Kmart

Sullivan's Irish Alley and Travel is promoting a trip to Ireland in April 2026 – see attached flyer. If you save your spot before Jan. 7, you will SAVE 5%(\$152.25)! If you are a repeat traveler with them, you will also save an additional \$150.00 per person. If you sign up through the center, a portion of the commission comes back to the center! Questions? Call (810)814-9232.



CIE TOURS IRISH LEGENDS

Tales of Irish heritage and culture await as you explore hidden gems like the timeless Aran Islands and medieval Kilkenny.

TRIP HIGHLIGHTS

- Aran Islands Excursion
- Blasket Centre
- Ciffs of Moher
- Dun Aengus Fort
- Dunbrody Famine Ship
- Foley's Bar Dinner & Entertainment
- Irish National Stud & Gardens
- Irish Night in Dublin
- Midleton Distillery Experience

HOTELS

- Dunboyne Castle Hotel, Dunboyne (1)
- Newpark Hotel, Kilkenny (2)
- Killarney Towers Hotel, Killarney (Fri Departures) or Manor West Hotel, Tralee (Tues Departures) (2)
- Salthill Hotel, Galway (2)
- Radisson Blu Royal, Dublin (1)

MEALS

8 breakfasts (B), 2 lunches (L) and 6 dinners (D) including a welcome dinner at Dunboyne Castle Hotel.

Presenting a special group departure to Ireland
9 DAYS | 8 NIGHTS | 16 MEALS
April 17-25, 2026 | \$3,045 Per Person (Land Only)
Single Room Supplement \$745

YOUR TOUR INCLUDES:

- Sightseeing by luxury coach with a professional tour director
- All on-tour transportation including shuttles and ferries
- Welcome get-together drink with your group
- Free Wi-Fi on coaches so you can stay connected along the way
- Deluxe documents wallet and backpack to keep you organized
- All local taxes, hotel service charges & handling of one suitcase per person

Optional Travel Protection Insurance is available and payment is due at time of deposit. Depart North America for Dublin overnight the day before the tour start date. Air departure tax, fuel & surcharges if applicable, are subject to change until entire group is confirmed and ticketed.

EdCaron Sullivan | 810-814-9232 OR 810-487-2473
Sullivan's Irish Alley & Travel | sullivanirishalley@gmail.com
104 E. Main St. Flushing, MI 48433

This tour is subject to CIE Tours' booking guidelines and cancellation penalties. Refer to General Conditions on your CIE Tours group contract. CST# 2021285-00.

Support Groups / Senior Services

Alzheimer's Support Group

Thursday, December 4th at 2:00 p.m.

This group, facilitated by Dawn Shurter, is open to anyone caring for a family member or friend with either Alzheimer's Disease or some form of dementia.

Blood Pressure Check

Each Thursday from 10:00 a.m. - 11:00 a.m.

No appointment necessary. Walk-Ins welcome!

Grief Support Group

Tuesday, December 9th & 30th - 2:00 p.m.

The Medical Team provides on-going grief support for anyone who has experienced the death of a loved one. Their purpose to provide education about normal grief reactions as well as a safe environment where feelings are validated and accepted.

Legal Assistance

Friday, December 19th

9:00 a.m.-12:00 p.m. & 1:00 p.m.-2:00 p.m.

If you are in need of assistance with a legal issue you can call the Senior Center office to schedule a free appointment to meet with Seth Neblock, an Elder Law Attorney from Legal Services of Eastern Michigan.

Loan Closet

We have Medical Equipment available to borrow which includes: walkers, canes, and wheelchairs. Call the office if you are in need of medical equipment. Donations of some clean medical equipment accepted during regular business hours.

Medicare / Medicaid Questions?

Call **1-800-803-7174**. You will be connected to a call center that will direct you to local agencies such as Elder Law, Genesee Health Plan and MiGen assist you with your insurance needs.

Veterans Coffee Hour

Friday, December 5th & 19th - 9:30 a.m.

Join us for coffee, treats and conversation with your fellow veterans.

Veterans Services

Wednesday, December 17th - 9:30 a.m. - 2:30 p.m.

Veterans, are you receiving all of the benefits you are entitled to? Call the center to schedule an appointment here at the center with a Veteran Service Officer.

These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.



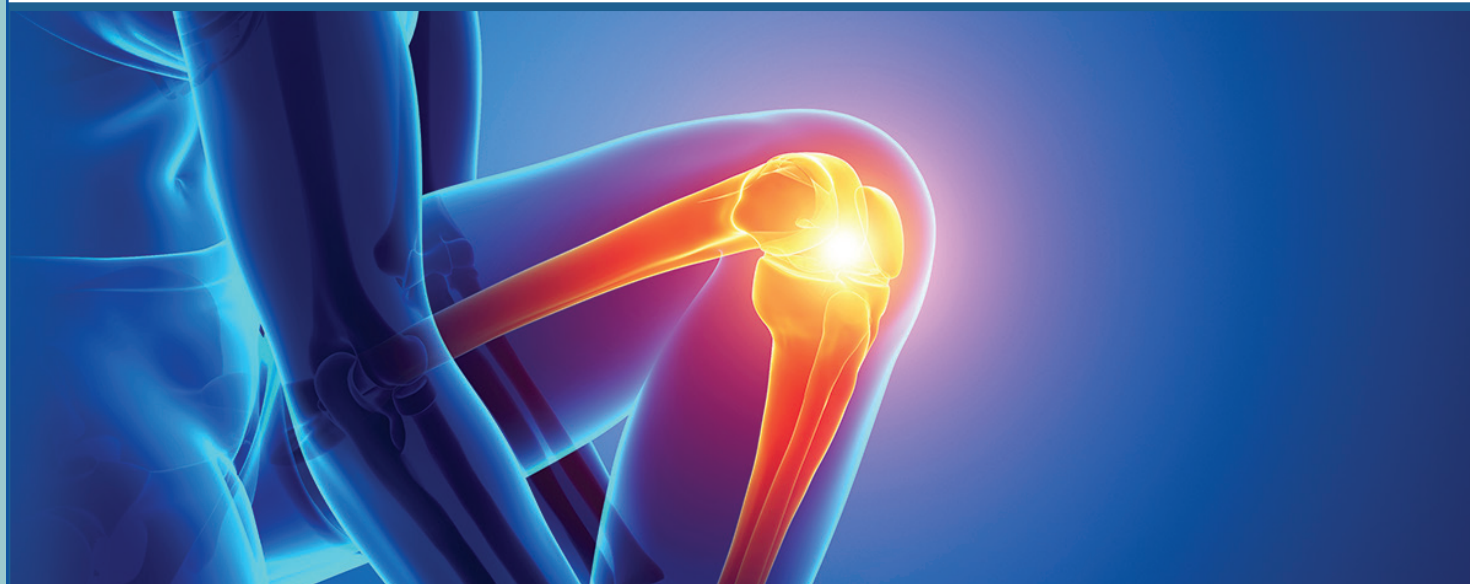
Integrated Vascular
Vein Center *of Michigan*

CHRONIC KNEE PAIN

Ask Us About A New Procedure

Genicular Artery Embolization

- Treatment of Osteoarthritis
- Clinically Proven
- Positive Results
- Performed in Office
- Failed Knee Injections?
- Not ready for Surgery?



Thomas A. Shuster, D.O. • Joseph Paulisin, D.O.

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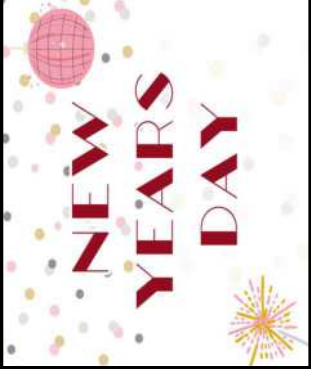
Office Hours
Monday - Friday
8:00 a.m. - 4:00 p.m.

Flushing Area Senior Center
106 Elm Street, Flushing, MI 48433
www.flushingseniorcenter.com
Phone 810.659.4735
Fax 810.659.4686

Greg Matheson, Executive Director
Roxanna Gay, Office Manager
Erin Faith, Office Assistant

Monday	Tuesday	Wednesday	Thursday	Friday
1 8:30 Flushing Artistic Gathering 9:00 Beginning Line Dancing 10:15 Exercise Station 11:00 Drums Alive 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 12:30 Woodcarving 12:30 Dominoes 2:00 Coffee Talk w/Mayor Sullivan 6:00 Poker	2 8:40 Exercises for Everyday Living 9:00 Shopping @ Bueches 9:30 Knit/Crochet/Craft 10:00 Basic Flow Yoga Gold 11:30 Congregate Meal 11:30 Exercise Station 12:30 Chair Volleyball 1:00 Euchre 1:30 Woodshop @ E.C.C. 2:00 Silver Sneakers	3 8:00 Exercise Station 8:30 Flushing Artistic Gathering 9:30 Body Balance & Mobility 9:30 Water Color Basics Class 9:30 Woodshop @ E.C.C. 11:00 Drums Alive 11:30 Congregate Meal 1:00 Writers Group 1:00 Mah Jongg 1:00 Shopping @ Walmart 2:30 Ping Pong	4 8:40 Exercises for Everyday Living 9:00 Hand, Knee & Foot 10:00 Blood Pressure Check 10:00 Basic Flow Yoga Gold 10:00 FASC Day Trip - O.P.C. Lunch & Show 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 1:00 Tai Chi 2:00 Alzheimer's Support Group 2:00 Bunco 2:15 Cornhole 2:15 Exercise Station	5 8:00 Exercise Station 9:30 Veterans Coffee Hour 9:30 Fly Tying 10:30 Body Balance & Mobility 11:30 Congregate Meal 1:00 Penny Bingo 1:00 Mah Jongg 2:30 Ping Pong
8 8:30 Flushing Artistic Gathering 9:00 Beginning Line Dancing 10:15 Exercise Station 11:00 Drums Alive 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 12:30 Woodcarving 12:30 Dominoes 12:30 Samba 1:00 Make It, Take It Card Class 2:30 Gary Nickel Photography Class 6:00 Poker	9 8:40 Exercises for Everyday Living 9:00 Shopping @ Bueches 9:00 Tech Tutoring w/Charlotte 9:30 Knit/Crochet/Craft 10:00 Basic Flow Yoga Gold 11:30 Congregate Meal 11:30 Exercise Station 12:30 Chair Volleyball 1:00 Euchre 1:30 Woodshop @ E.C.C. 2:00 Grief Support Group 6:00 Flushing Township Board Meeting CANCELLED: Silver Sneakers	10 8:00 Exercise Station 8:30 Flushing Artistic Gathering 9:30 Body Balance & Mobility 9:30 Woodshop @ E.C.C. 11:00 Drums Alive 11:30 Congregate Meal 1:00 Writers Group 1:00 Mah Jongg 1:00 Connecting Threads 2:30 Ping Pong	11 8:40 Exercises for Everyday Living 9:00 Hand, Knee & Foot 10:00 Blood Pressure Check 10:00 Basic Flow Yoga Gold 11:30 Congregate Meal 1:00 Tai Chi 2:00 Bunco 2:15 Cornhole 2:15 Exercise Station	12 8:00 Exercise Station 9:30 Fly Tying 10:00 Mobile Secretary of State 10:30 Body Balance & Mobility 11:30 Congregate Meal 1:00 Penny Bingo 1:00 Mah Jongg 2:30 Ping Pong

CANCELLED: Pickleball @ E.C.C.

15 8:30 Flushing Artistic Gathering 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 12:00 Ladies Christmas Tea 12:30 Woodcarving 12:30 Dominoes 6:00 Poker CANCELLED: Beginning Line Dancing, Exercise Station, Drums Alive	16 8:40 Exercises for Everyday Living 9:00 Shopping @ Bueches 9:00 Tech Tutoring w/Charlotte 9:30 Knit/Crochet/Craft 10:00 Basic Flow Yoga Gold 11:30 Exercise Station 11:30 Congregate Meal 12:30 Chair Volleyball 1:00 Euchre 1:30 Woodshop @ E.C.C. 2:00 Woodshop Safety Training @ FASC 2:00 Silver Sneakers CANCELLED: Senior Women's Book Club	17 8:00 Exercise Station 8:30 Flushing Artistic Gathering 9:30 Body Balance & Mobility 9:30 Woodshop @ E.C.C. 9:30 Veterans Services @ FASC 11:00 Drums Alive 11:30 Congregate Meal 1:00 Writers Group 1:00 Mah Jongg 2:30 Ping Pong 3:15 Pickleball Informational Meeting @ FASC	18 8:40 Exercises for Everyday Living 9:00 Hand, Knee & Foot 10:00 Blood Pressure Check 10:00 Basic Flow Yoga Gold 11:00 Pickleball @ E.C.C. 11:30 Christmas Luncheon 12:00 Chair Massage 12:30 Strayed Quilters 1:00 Tai Chi 1:00 RESCHEDULED - Shopping @ Meijer 2:00 Bunco 2:15 Cornhole 2:15 Exercise Station	19 8:00 Exercise Station 9:00 Shopping @ ALDI 9:00 Legal Assistance 9:30 Fly Tying 9:30 Veterans Coffee Hour 10:30 Body Balance & Mobility 11:30 Congregate Meal 1:00 Legal Assistance 1:00 Penny Bingo 1:00 Mah Jongg 2:30 Ping Pong	
22 8:30 Flushing Artistic Gathering 9:00 Beginning Line Dancing 10:15 Exercise Station 11:00 Drums Alive 11:30 Congregate Meal 12:30 Woodcarving 12:30 Dominoes 12:30 Samba 6:00 Poker CANCELLED: Pickleball @ E.C.C.	23 8:40 Exercises for Everyday Living 9:00 Shopping @ Bueches 9:30 Knit/Crochet/Craft 10:00 Basic Flow Yoga Gold 11:30 Exercise Station 11:30 Congregate Meal 12:30 Chair Volleyball 1:00 Euchre 2:00 Silver Sneakers	24 	25 	26 	CENTER CLOSED
29 8:30 Flushing Artistic Gathering 9:00 Beginning Line Dancing 10:15 Exercise Station 11:00 Drums Alive 11:30 Congregate Meal 12:30 Woodcarving 12:30 Dominoes 6:00 Poker CANCELLED: Pickleball @ E.C.C.	30 8:40 Exercises for Everyday Living 9:00 Shopping @ Bueches 9:30 Knit/Crochet/Craft 10:00 Basic Flow Yoga Gold 11:30 Congregate Meal 11:30 Exercise Station 12:30 Chair Volleyball 1:00 Euchre 2:00 Grief Support Group CANCELLED: Woodshop @ E.C.C., Silver Sneakers	31 	1 	2 	CENTER CLOSED

Arts, Crafts, Clubs & Other

Chair Massage

Thursday, December 18th - 12:00 p.m. - 3:30 p.m.

Chair massages are given by certified massage therapist: Mary Ann Orme. During a chair massage you stay fully dressed and experience a massage for your shoulders, neck, arms, back, legs, hands and feet. The cost is **\$7.00 for 10 minutes**. Appointments are accepted on the first business day of the month.

Connecting Threads

Wednesday, December 10th - 1:00 p.m.—3:30 p.m.

The "Connecting Threads" Needlework & Crafts Group meets from 1:00 p.m. to 3:30 p.m. Bring a project to work on and join us!

Flushing Artistic Gathering

Each Monday & Wednesday at 8:30 a.m.

Whether you use watercolors, acrylics, colored pencils or markers, this event is for you. All mediums welcome with the exception of oils. Learn new tricks and techniques from others and meet new friends. Bring your own painting supplies. Coloring supplies are available. All experiences are welcome!

Fly Tying

Each Friday at 9:30 a.m.

This group gets together to tie flies for fly-fishing. You must bring your supplies, be with some friends as you tie!

Knit - Crochet - Craft

Each Tuesday at 9:30 a.m.

Bring your own projects to work on, share your ideas and talk about your projects with each other. Some knit afghans or dishcloths, others crochet baby sweaters or scarves. Some do embroidery, cross stitch, or needlepoint. Some simply enjoy sitting and chatting! There is no teacher, but there is always someone willing to help you with your project questions or problems. Please join us!

Lending Library

Gently-used books available to lend out in the Lending Library located in the back of the Activity Room. Come browse the wide selection of books available to borrow. Donations of new or gently-used books are always welcome.

Make It, Take It Card Making Class

Monday, December 8th at 1:00 p.m. - Free of Charge

Instructor: Rosemary Magley

Samples of this month's cards are on display in the Lunch Room. Bring your own scissors and adhesive. If needed, you can purchase adhesive from Rosemary. Additional cards are available to purchase on class day. Please sign up in advance on the first business day of the month. Reservations are accepted on the first business day of the month.

Senior Women's Book Club

Tuesday, December 16th at 12:30 p.m.

Members take turns choosing a book they think will be interesting for the group to discuss. Books include all genres. Copies of the chosen book are usually provided through the GDL Bag of Books program.

Strayed Quilters

Thursday, December 18th at 12:30 p.m.

This group makes quilts at home then brings them to the monthly meetings to donate to one of two organizations:

- 1) *Project Linus*
- 2) *Horses for Hope*

These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.

Tech Tutoring w/Charlotte - FREE!

Tuesday, December 9th & 16th - 9:00 a.m. - 12:00 p.m.

Charlotte can assist with smartphones, laptops, other electronics and basic computer skills. Call to make an appointment.

Woodcarving

Each Monday at 12:30 p.m.

This group works mostly with bass wood using a variety of carving tools. The group has many experienced woodcarvers willing to share techniques and advice on whatever project you are working on. Newcomers to woodcarving are welcome!

Woodshop @ ECC

Tuesdays - 1:30 p.m. - 4:00 p.m.

Wednesdays - 9:30 a.m. - 12:00 p.m.

The woodshop is located at the Early Childhood Center is open during the school year. Available equipment includes a table saw, lathe, planer, jointer, belt sander, disc sander, miter saw, router table and drill press. Talented members are available to help with equipment and projects!

Woodshop Safety Training @ FASC

Tuesday, December 16th - 2:00 p.m. - 3:30 p.m.

Using the Woodshop requires you to complete our safety training course at the center as well as have an annual criminal background check completed. No RSVP required.

Writers' Group

Each Wednesday at 1:00 p.m.

We are a gathering of men and women who share writings of life experiences, interests and more. This can include journals, poems, short stories and readings. Writing prompts are available.

FASC BUS SCHEDULE

SHOPPING @ ALDI	
3RD FRIDAY OF EACH MONTH @ 9:00 A.M.	
SHOPPING @ BUECHE'S	
EACH TUESDAY @ 9:00 A.M.	
SHOPPING @ MEIJER - SWARTZ CREEK	
4TH THURSDAY OF EACH MONTH	
DEPART @ 1:00 P.M. / RETURN @ 3:00 P.M.	
SHOPPING @ WALMART - CLIO	
1ST WEDNESDAY OF EACH MONTH	
DEPART @ 1:00 P.M. / RETURN @ 3:00 P.M.	

Please call the Center at least one day in advance for a ride. Please be ready when the bus arrives. Cancellations should be made by contacting the Center in a timely manner. The Center retains the right to revoke any rider for any reason from the program.

Our bus is not equipped for wheelchair transportation and our volunteer drivers are not qualified to care for dependent Seniors; therefore, riders must be able to enter and exit the bus without assistance. We are not designated for emergency assistance. Riders are required to follow all safety regulations when riding on the bus.

Suggested donation per round trip - \$3.00



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Coffee Hour with State Representative Jasper Martus



Monday, January 5th
10:00 a.m. - 11:00 a.m.

It is important to our office that community members and neighbors are always able to share their thoughts and concerns with me. So I hope to see you there on Friday!

If you can't make it but have any questions, you can always email Jaspermartus@house.mi.gov or call (517) 373-1786.



WE'RE CLOSED!

In observance of the upcoming holidays, the center will be closed on the following dates:

- Wednesday, December 24th
- Thursday, December 25th
- Friday, December 26th
- Wednesday, December 31st
- Thursday, January 1st
- Friday, January 2nd

DECEMBER CONGREGATE MENU

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BBQ Chicken Thighs Roasted Brussel Sprouts Mixed Vegetables-4 oz Diced Pears-4 oz Hawaiian Roll Margarine-1 ea Milk	2 Meatloaf w/gravy Redskin potatoes-4 oz Sweet Peas-4 oz Fresh Apple-1 ea Corn Bread Margarine 100% Fruit Juice-4 oz	3 HM Lasagna Soup Steamed Broccoli Baby Carrots Garlic Stick Margarine Deluxe Fruit Salad Milk	4 BBQ Pork Burger Potato Wedges Green Beans Fruit Cocktail-4 oz WG Bun Margarine 100% Fruit Juice	5 Baked Fish-1 ea Au Gratin Potatoes-4 oz Cole Slaw -4 oz Potato Roll Mixed Fruit-4 oz Margarine Milk
8 Beef Tacos Spanish Rice Roasted Mexi Corn Diced Peaches Tortilla Shells (2) Milk	9 HM Beef Stew w/Peas, Carrots, Potatoes Italian Green Beans Fresh Apple margarine Biscuit 100% Fruit Juice	10 HM Chicken Chili Steamed Broccoli Diced Carrots (4 oz) Fresh Pear 1 ct Bread Stick(1 ct) Margarine (1 ct) Milk	11 HM Stuffed Green Pepper Vegetable Blend-4 oz Steamed Cauliflower-4 oz Pineapple Chunks-4 oz WG Crackers Margarine 100% Fruit Juice-4 oz	12 Salisbury Steak in gravy Steamed Spinach-4 oz Corn-4 oz Diced Peaches-4 oz Multi - Grain Roll Margarine Milk
15 Chicken Parmesan-1 ea Steamed Spaghetti-2 oz Veggie Blend Whole Grain Garlic Bread-1 ct Margarine-1 ct Diced Pears-4 oz Milk	16 CHEF'S CHOICE	17 Antipasto Salad w/ Ham, Pepperoni & Salami Fresh Broccoli w/dip Sliced Pears-4 oz Wheat Roll Salad Dressing Milk	18 CHRISTMAS LUNCHEON Glazed Pork Loin Roasted Veggie Medley Candied Yams Apple Crisp Wheat Roll & Margarine 100% Fruit Juice	19 Country Style Chicken Sweet Peas Diced Potatoes Dinner Roll Margarine Applesauce Milk
22 Steak Fajitas Chuck Wagon Veggies Cilantro Lime Rice Tortilla Shell Margarine-1 ct Pineapple Cup Milk	23 HM Chicken Salad 3 Bean Salad Fresh Baby Carrots Sliced croissant Ranch Dressing Cup Cantelope & honeydew 100% Fruit Juice	24 Christmas Eve	25 Merry Christmas	26
29 Baked Chicken Breasts w/ Stewed Vegetables-8 oz Lima Beans-4 oz Mandarin Oranges-4 oz Potato Roll Margarine 100% Fruit Juice	30 HM Sloppy Joes Sliced Potatoes w/Peppers & Onions Corn Fresh Apple WG Bun Margarine 100% Fruit Juice	31 New Year's Eve	Genesee County Community Action Resource Department	Valley Area Agency On Aging Genesee County Michigan

PLEASE CALL THE DAY BEFORE 1:00 P.M. TO ORDER LUNCH – (810)659-4735
YOU ARE ABLE TO ORDER MULTIPLE DAYS IN ADVANCE!

These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.

Monthly Raffles for the Congregate Lunch Program!

We have kicked off monthly raffles for all participants of the Congregate Lunch Program! Here's how it works:

- Each time you join us for lunch, you can fill out a raffle slip.
- At the end of each month, we'll draw one lucky winner to receive a \$25 gift card to a local business!

This new incentive is our way of saying thank you and encouraging more participation to help keep this wonderful program going. We're nearing the minimum of 7 meals per day needed to continue the program, so your support makes a real difference. Come enjoy delicious food, friendly service, and great company, and now a chance to win a prize too! We can't wait to see you there!



COME ALONG FOR THE RIDE!

FASC is in need of volunteer substitute bus drivers. Participants will receive advance training and be subject to a background check. If interested, please contact the center @ (810)659-4735.



DECEMBER BIRTHDAYS

Norma Allen
Effie Alles
Paula Androsky
Jan Aris
Bob Asplund
Glen Barber
James Bedard
Lori Bialkowski
Chris Blackmore
Ann Bol
Sherry Bradish
Karl Braun
Pamela Brown
Diane Bruner
Marvin Burkhardt
Richard Bush
Steve Buszek
Sharon Campbell
Gary Carlin
Jim Carlson
Janet Carnell
Nadine Childress
Joan Christilaw
Robert Chunn
Sally Church
Lynette Clark
MaryAnn Coggins
Laura Collins
Pamela Conway

Dave Cowden
Jeffery Craig
Virlena Curnow
Erwin Curtis
Aaron Davenport
Susan Davenport
Sally Davidek
Joe Dove
Ron Dufresne
Elaine Elbing
Will Ellis
Johnnie Etherly
Helena Evans
Diva Fares
Gail Firman
Marta Fisher
Rebecca Foster
Peter Franco
Kathy Fredrick
Lydia Gay
Geri Gillam
Marybeth Godlesky-Snell
Jackie Good
Judy Goshka
Velma Graham
Elizabeth Granger
Trudy Grindstaff
Rusty Gushen
Kathleen Hayes

Theresa Haynes
Kay Heil
Diane Hendrick
Edward Hendriksen
Betty Hernandez
Elmer Hillard
Vicki Holcomb
Claudia Howe
Christine Inman
Karen Johnson
Sharon Johnson
Caswell Judy
Laura Justice
Janeen Keeley-Miller
Kathleen Kelly
Beatrice Kendall
Wilma Kingsley
Lyn Kleimola
Kenneth Koffkey
Robert Krueger
Bruce Kuehnemund
Diane LaBree-Campbell
John Launstein
Richard Lee
Jerry Matheson
Mike Mazar
Tracy McAlister
Elaine McDaniel
Bob McDonald

Jonathan McIntosh
Betty McLaughlin
Ann McNew
Elaine Medich
Brad Medina
Margaret Meehle
Sharon Meinert
Pam Merrifield
Ernest Miller
Margo Miller
Vicki Miller
Richard Mitteer
Pietro Montini
Annette Mulholland
Karen Munn
Randy Murray
Carolyn Nelson
Robert Nelson
Reita Newell
Cindy Norrow
Laurie O'Connor
Carol O'Neil
Eileen O'Rourke
Nancy Orrison
Tom Orrison
Joan Pajtas
Ted Paul
Rozanna Pavia
Roy Peterson

Linda Petzold
Carol Pfaff-Dahl
Irene Pilinxi
Irene Pilinyi
Suzanne Poletti
Marcia Reel
Sue Rhodes
Laurie Rockwell
Yvette Ruckes
Kristina Sanchez
Holly Schneider
Lois Schurig
Rick Selling
Tom Sheeche
Kim Simons
Georgia Simpson
Cathy Skinner
Toni Sieva
Katrina Smeets
Casper Smith
Mary Smith
Sue Smith
Suzanne Smithson
Shirley St. John
Autum Stahl
Jan Staley
Judy Stutzman
Kathy Sullivan
Sherry Summers

Michael Sushynski
David Sutton
Connie Taylor
Connie Taylor
Elizabeth Taylor
Shelley Taylor
Lynn Tekiele
Palma Tester
Shelley Thompson
Rev. Faith Timmons
Fred Tomcala
Mary Trevarrow
Bill Tucker
Elaine Tucker
Robert Vanitvelt
Carolyn Vierkorn
Becky Wallis
Karin Warren
Roxanne Weissert
Gerald Wellman
Jeffery Wellman
Kerry Whalen
John Wicjorek
Mary Ann Williamson
Sharan Wood
Barb Zintmaster



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FASC Information

The Flushing Area Senior Center

106 Elm Street, Flushing MI 48433

Phone: 810.659.4735

Fax: 810.659.4686

Email: greg@flushingseniorcenter.com

Website: www.flushingseniorcenter.com

Center Hours

Monday - Friday - 8:00 a.m. - 4:00 p.m.

Office Staff

Greg Matheson - Executive Director

Roxanna Gay - Office Manager

Erin Faith - Office Assistant

Board of Directors

Michael Stanton - Chairperson - *At-Large Member*

Sharri Willette - Co-Chair - *Flushing Township*

Marie Zuk - Secretary - *City of Flushing*

Sharon Vance - Treasurer - *At-Large Member*

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Richard Wagonlander - *City of Flushing*

Shelley Thompson - *Clayton Township*

Rick Bigelow - *Flushing Township*

Terry Pattillo - *Flushing Township*

Upcoming Board Meetings

♦ Tuesday, January 27th 7:00 p.m.

The Flushing Area Senior Center serves the senior residents of Flushing, Flushing Township, and Clayton Township. Everyone age 50+ is welcome!

Our Mission Statement

The Flushing Area Senior Center is a community focal point where adults who have achieved the age of 50 come together for service and activities that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence and encourage their involvement in and with the Center and the community.

Flushing Area Senior Center

Funding Sources

The majority of funding is from the Genesee County Senior Millage. Other Funding Sources are: City of Flushing, Charter Township of Flushing, United Way of Flushing, Member Contributions, Memorial Donations and Fundraisers.

Memorial Donations

Memorial Donations to the Flushing Area Senior Center are a nice way to create a lasting memory in remembrance of a loved one, family member or friend. Donation envelopes are available at the Center or at area funeral homes. The Flushing Area Senior Center is a private, non-profit organization and all of the donations are tax-deductible.

FASC **Winter Weather** **Closing Policy**

Living in Michigan, we all know that winter weather can shut down our normal activities in a hurry. Because every storm can look different, we would ask you to check the following sources for updates regarding the potential closure of the center:

- * Local TV Stations
- * FASC Website
- * FASC Facebook Site



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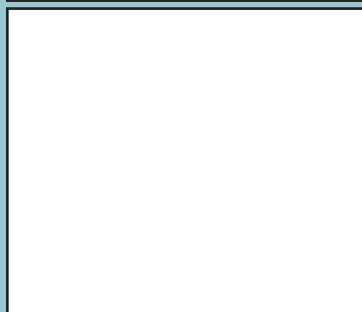
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Other funding sources are: City of Flushing, Charter Township of Flushing, United Way of Flushing, Member Contributions, Memorial Donations and Fundraisers.



Enjoy a Daily Lunch!

Eat In at the Flushing Area Senior Center

The Meal is available to eat in
Monday thru Friday from 11:30 a.m. to 12:30 p.m.



Ages 60 and over: \$3.00 suggested donation
Ages 50 - 59 and All Non-Genesee County Residents
Age 50+ are required to pay \$6.00

Reservations are required. Call the Center at 810-659-4735
by 1:00pm the weekday before to place your lunch
reservation. **See Page 10 for full menu.**