












# JULY CONGREGATE MENU

Menu Subject to Change Based on Product Availability and Quality Standards				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		Grilled Chicken Sandwich Chuck Wagon Vegetables Chopped Broccoli WG Bun Mixed Fruit Cup Margarine/Mayo Milk	Italian Grinder Wrap w/Pepperoni, Salami & Ham Lettuce, tomatoes, onions Pasta Salad Diced Pineapples Tomato Tortilla Italian Dressing Packet 100% Fruit Juice	
6	7	8	9	10
Meatball Sub w/cheese Sweet Peas Diced Potatoes Sub Bun Fruit Cup Margarine Milk	Chef Salad w/Romaine Turkey, Eggs & Cheese Carrots Sticks Diced Pears  Wheat Roll Salad Dressing 100% Fruit Juice	Tangerine Chicken w/Rice Green Beans Diced Carrots Hawaiian Roll Applesauce Fortune Cookie Milk	HM Stuffed Peppers  Sliced Beets Cauliflower Pineapple Tidbits WW Roll Margarine 100% Fruit Juice	Chinese Pepper Steak w/R Succotash Mixed Fruit Cup Potato Roll Margarine Milk
13	14	15	16	17
Smothered Chicken Breast Lima Beans Mashed Potatoes Corn Muffin Fresh Apple Margarine Milk	Turkey Tetrazzini Veggie Blend Steamed Broccoli Dinner Roll Pineapples Margarine 100% Fruit Juice	Chef's Choice 	Turkey & Cheese Sub HM Antipasto Pasta Salad Fresh Cauliflower WG Bun Tropical Fruit Salad Birthday Cake 100% Fruit Juice	Mac & Cheese French Cut Green Beans Corn Potato Roll  Margarine Fresh Pear Milk
20	21	22	23	24
HM Chicken Salad Sandwich Grape Tomatoes 3 Bean Salad Sliced Croissant  Fruit Cocktail Milk	BBQ Pulled Pork Cole Slaw Baked Beans Wheat Bun Peaches 100% Fruit Juice	Fiesta Lime Chicken Roasted Corn & Black Beans Brown Rice Peaches Flatbread Margarine Milk	Philly Chicken w/Cheese Diced Potatoes Riviera Blend Vegetables Wheat Sub Bun Tropical Fruit Salad  Margarine-Cookie 100% Fruit Juice	Oven Fried Fish Baked Mac & Cheese Tomatoes & Zucchini Dinner Roll Diced Peaches Margarine Milk
27	28	29	30	31
HM Deluxe Fried Rice w/ Beef, Chicken, Ham, Shrimp & Peas and Carrots Steamed Broccoli Fresh Orange Breadsticks Margarine Milk	Steak Fajitas  Spanish Rice Black Beans Mandarin Oranges Tortilla Shells-2 Sour Cream 100% Fruit Juice	BBQ Chicken Legs Potato Salad Southern Green Beans Pineapples Sweet Roll Margarine Milk	Ravioli w/Chicken & Sauce Steamed Broccoli Roasted Veggies Garlic Roll Fruit Cocktail Margarine 100% Fruit Juice	Polish Sausage Battered Potatoes  Sliced Carrots WG Hotdog Bun Strawberry Applesauce Margarine & Mustard Milk

**PLEASE CALL THE DAY BEFORE 1:00 P.M. TO ORDER LUNCH – (810)659-4735  
YOU ARE ABLE TO ORDER MULTIPLE DAYS IN ADVANCE!**