Our Perspective

FOR THE 50+ GENERATION

Monthly Publication brought to you by the Flushing Area Senior Center

December 2026



Welcome!

Our Mission

The Flushing Area Senior Center is a community focal point where adults who have achieved the age of 50 come together for service and activities that reflect their experience and skills, respond to their diverse needs and interests, enhance their dignity, support their independence and encourage their involvement in and with the Center and the community.

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These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.

The Flushing Area Senior Center
106 Elm Street, Flushing MI 48433
Phone: 810.659.4735
Fax: 810.659.4686
Email: greg@flushingseniorcenter.com
Website: www.flushingseniorcenter.com
www.facebook.com/flushingseniorcenter/

Special Events

Watercolor Basics

w/Christie Macciomei

Wednesday, December 2nd - 9:30 a.m.

Join Christie as you learn the fundamentals of watercolor using basic techniques that all artists use in their everyday painting!

Cost - $10.00

Call (810)659-4735 to RSVP

Looking out the bus window



Recommended Supply List

- Paper - 11" x 14" Arches Cold Pressed Block
- Brushes - Large Bristle Brush, Rigger, Flat, Round
- Box of Inexpensive Tissue
- Container for Water
- Palette
- Paint - Artists' Grade Recommended
  - Dark Green (Shadow)
  - Dark Blue (Cobalt)
  - Dark Brown (Burnt Umber)
  - Yellow (Transparent Lemon)
  - Red (Primary Red Magenta)
  - Gray (Paynes Gray)
  - Recommended Brands
    - M. Graham / Holbein / Winsor & Newton Daniel Smith / MaimeriBlu / Sennelier

Senior Winter Games of Genesee County Informational Meeting

Stay active, have fun and join the excitement this winter! Come learn about the upcoming Senior Winter Games of Genesee County, including event details, registration and cost.



- Date - **Tuesday, December 8th**
- Time - **10:30 a.m.**
- Where - **West Wing**

Who should attend?

- Genesee County residents age 50 or older.
- Community members interested in volunteering.
- Anyone who loves friendly competition and winter fun!

MICHIGAN SECRETARY OF STATE MOBILE OFFICE IS COMING TO YOU





Book a visit to complete your Secretary of State transactions, including:

First-time Michigan ID | Renew driver's license or ID | Transfer title | Apply for/renew disability placard

Date: Wednesday, December 9th
Time: 10:00 a.m. - 3:00 p.m.
Location: FASC - West Wing
106 Elm St., Flushing

For more information or to schedule your appointment, call (810)659-4735.

The Secretary of State Mobile Office will be visiting the Flushing Area Senior Center to provide services to members to process their needed transactions.



Charcuterie Design...

and the "How To's" to effectively put a beautiful presentation together!





w/ Chef Jay Jacobs

Thursday, December 10th - 10:00 a.m.

Attendees will participate in the creation of a Charcuterie Board through participation and conversation. They will leave with the finished board they created, and recipe(s) and other ideas for making boards on their own.



Participation is limited. Payment secures your spot. Reservations will be accepted beginning December 1st. Call (810)659-4735

Cost
$25.00

Dinner w/Dale



Join County Commissioner Dale Weighill on Monday, December 14th @ 5:30 p.m.





Menu
Pizza, Salad
Coffee, Water, Soda

RSVP DEADLINE
FRIDAY, DECEMBER 11TH
810-659-4735

Come join us to receive the latest county updates as well as ask questionsof the Commissioner.

This Meet & Greet is informational only. FASC does not support/endorse politicians, candidates or parties.

Karaoke PARTY!

Come join the fun! Belt out your favorite tunes while enjoying delicious mocktails and tasty snacks. It's the perfect opportunity to sing, sip, snack, and have a great time!

Tuesday, December 15th @ 2:00 p.m.

Cost - $5.00
Call to RSVP
(810)659-4735

FYI

GENESEE COUNTY DEPARTMENT OF VETERANS SERVICES
324 S. Saginaw St., Flint, MI 48502
(810) 257-3068
GENESEE COUNTY MICHIGAN

MISSION STATEMENT

Strengthening the lives of Genesee County Veterans and their families through compassionate service, supportive resources, and professional advocacy.



BENEFIT SERVICES INCLUDE:

- Disability Compensation
- Pension Benefits
- Federal Burial Benefits
- VA Home Loans
- Additional Services Provided at our Office

A Veterans Service Officer is available to meet with you here at the center on Wednesday, December 23rd.

Call (810)659-4735 to make an appointment so as to assure you are receiving all of the benefits you are entitled to.

WE'RE CLOSED!

In observance of the upcoming holidays, the center will be closed on the following dates:

- Thursday, December 24th
- Friday, December 25th
- Thursday, December 31st
- Friday, January 1st

SENIOR WINTER GAMES IS BACK!!

FEBRUARY 1ST - MARCH 3RD



REGISTRATION FEE: $15.00 PER PERSON
(EXTRA $3.00 FOR BOWLING EVENT)

REGISTRATION WINDOW
TUESDAY, DECEMBER 8TH
TO THURSDAY, JANUARY 14TH

INCLUDES: T-SHIRT, UNLIMITED EVENTS, OPENING CEREMONY WITH ENTERTAINMENT & CLOSING BANQUET LUNCHEON!

GENESEE COUNTY SENIOR WINTER GAMES 2027

2027 EVENTS INCLUDE: OPENING CEREMONY, PIE EATING, BOWLING, JIGSAW PUZZLE, SPADES, CHECKERS, SCRABBLE, YAHTZEE, HAND KNEE FOOT, COMPETITIVE TABLE TENNIS, SHUFFLEBOARD, CRIBBAGE, PINOCHLE (SINGLE DECK), SUDUKO, DOMINOES (MEXICAN TRAIN), SOFTBALL TOSS, FREE THROW, DARTS, CORN HOLE PICKLEBALL, WALKING, RECREATIONAL PING PONG, BAKING, ARTS & CRAFTS, SENIOR GRAND PRIX, SPELLING BEE, POOL, WII BOWLING, LINE DANCING, FRISBEE TOSS, LADDER GOLF, MINI GOLF, EUCHRE & CLOSING CEREMONY

FYI

Holiday Eating the Healthy Way!

These tips can help you celebrate holidays the healthy way!

- Weight Management: Focus on weight management rather than weight loss.
- Exercise: Plan time for exercise. Exercise helps relieve holiday stress and prevent weight gain.
- Meals: Do not skip meals. Skipping breakfast or lunch before a big holiday dinner actually may cause you to overeat.
- Healthy Choices: If you know that you will not find any healthy choices, offer to bring something along, such as a salad, vegetable dish, chicken, or fish.
- Appetite Control: Pace yourself and become more aware of what you are eating and drinking. Eat until you are satisfied, not stuffed.
- Portion Control: Select small portions. This will allow you to enjoy all the different foods offered, while still controlling your calorie intake.
- Alcohol: If you drink, select lite wines and beers, rather than mixed drinks. Alcohol is high in calories.
- Nibble Temptation: Stand away from buffet tables and food trays to avoid the urge to nibble constantly.
- The Rainbow: Fill your plate with a rainbow of colors. Choose different varieties of fruits and vegetables often.
- No Thank You: Learn to say "no" politely. You can say: "No thank you. I have had enough. Everything was delicious." This works even with someone who will not take "no" for an answer.

Exercise Programs

Basic Flow Yoga Gold
Tuesdays & Thursdays at 10:00 a.m.
Yoga Mat Required
Instructor: Rhonda Straley
Includes gentle flow sequence with breathing breaks between each sequence. Class is dynamic in nature and requires the ability to move from lying down, kneeling, and standing postures.

Beginning Line Dancing
Each Monday at 9:00 a.m.
Instructor: Darci
Learn the basic steps. Focus on simpler dances. Line Dancing provides heart healthy benefits of an aerobic exercise while engaging in a social activity and stimulates the mind!

Body Balance & Mobility
Wednesdays at 9:30 a.m.
& Fridays at 10:30 a.m.
Instructor: Theresa Landis
This class is movement-based training to improve balance & coordination to prevent falls. Exercises are performed seated in a chair and standing up using the chair for support.

Chair Volleyball
Tuesdays & Fridays at 12:30 p.m.
Chair Volleyball is similar to regular volleyball, but with a smaller court and lower net, while seated during the match.

Chair Yoga
Wednesdays @ 1:00 p.m.
Instructor: Machelle Duprey
Chair Yoga offers gentle stretching, breathing, and relaxation exercises using a chair for support. This class is perfect for improving flexibility, balance, and is suitable for all ability levels!

Drums Alive
Mondays & Wednesdays at 11:00 a.m.
Instructor: Tobi Williams
Combining the benefits of a traditional fitness program with the brain affected benefits of music and rhythm. Fun and fitness go together in this class. Buckets, balls and sticks provided!

Exercises for Everyday Living
Tuesdays & Thursdays at 8:30 a.m.
Instructor: Darci
Uses basic movement to strengthen balance, posture, flexibility, and coordination. Uses a chair, so there is no reason not to exercise!

Exercise Station
Monday Through Friday
8:00 a.m. - 4:00 p.m.
The center has a variety of pieces of exercise equipment including a recumbent bike, a rowing machine and an airdynne bike. Come join us at your leisure while watching TV or listening to music.

Pickleball @ E.C.C.
Mondays & Thursdays
11:00 a.m. - 1:00 p.m.
Free of Charge
All abilities welcome!

Pickleball Informational Meeting
Wednesday, December 16th @ 3:15 p.m.
All members must attend a one-time informational meeting at the center prior to participation. No RSVP required.

Silver Sneakers Stability
Tuesdays at 2:00 p.m.
Instructor: Abbie Mars
This class will help you be stronger, improve your balance, and decrease your risk of falling while helping protect your independence, reduce body fat, improve mobility, endurance & coordination.

Tai Chi
Thursdays at 1:00 p.m.
Instructor: Darci
Tai Chi is a slow-moving exercise that helps with balance, focus, body control, stress relief and is good for people with arthritis. With a little patience and time, you will start to notice a difference and have a little fun!

Total Body Senior Fitness
Mondays @ 5:30 p.m.
Instructor: Theresa Landis
Designed for seniors seeking a well-rounded workout and who can safely get down to and up from the floor independently. This class combines simple aerobic steps, functional movement, and brain-boosting exercises to enhance coordination between mind and body. Please bring an exercise mat.

Fun & Games

Bunco
Thursdays at 2:00 p.m.
Bunco is a dice game that is easy to learn the first time you play, no experience necessary!

Cornhole & Ladderball
Thursdays at 2:15 p.m.
Looking for new and experienced players to join in our cornhole & ladderball games.

Dominoes
Mondays at 12:30 p.m.
Come and play Mexican Train Dominos.
No experience necessary!

Euchre
Tuesdays & Thursdays at 1:00 p.m.
Play using standard Euchre rules. New players need to already have the skills and knowledge to play.

Hand Knee & Foot
Thursdays at 9:00 a.m.
The game is a variation of Canasta, is similar to Samba but yet a little different. It's an easy game to learn and lots of fun to play!

Jigsaw Puzzles
Browse through the puzzle selection located in the West Wing. You are welcome to take one or more home to put together!

Mah Jongg
Wednesdays & Fridays at 1:00 p.m.
Play using American Mah-Jongg rules. Players need to already know how to play. **Training available by request.**

Penny Bingo
Fridays at 1:00 p.m.
Use pennies as markers. Winner wins everyone's markers. Cards cost $0.25 each or 6 for $1 (6 card limit). A variety of Bingo patterns played to keep it interesting. Money collected for cards is the prize when playing a cover all. Based on Michigan state law, players must be at least age 60 or older to play.

Ping Pong
Wednesdays & Fridays at 2:30 p.m.
Ping Pong is recreational, but competitive so bring your A-game and use all your skills to your best advantage and maybe win!

Poker
Tuesdays at 6:00 p.m.
$5.00 Buy-In. Play dealer's choice and play a variety of games. All games are based on a five card poker hand. Available to anyone 60 years/older.

Samba
2ns & 4th Mondays at 12:30 p.m.
Samba Cards is easy to learn and has similarities to Canasta, Hand and Foot, Hand, Knee and Foot, Rummy, and Books and Runs. Anyone with card experience can learn this game.

Texas Hold'em
Thursdays at 1:30 p.m.
$5.00 Buy-In. Limit & no limit play. Fun, friendly games everyone 60 years/older.

Travel

Support Groups & Senior Services

Ann's Adventures

Office Hours: Mon – Fri 9:00 a.m. – 5:00 p.m.
Hours may vary when Ann is traveling
Office phone: 810-640-8303
E-mail: aanderson@annsadventures.net
Website: www.annsadventures.net

Going on a trip with Ann? Please register through the Center and help us earn $5.00 with every trip you take! Questions? Call (810)640-8303.

Here's an At-A-Glance list of upcoming trips:

- **Starbright Christmas # 4 – Petrolia**
  Date: Sunday, December 6th
  Cost: $130.00 per person
  Departure: 8:45 a.m. from former Clio Kmart
- **Away In The Basement # 2 – Turkeyville**
  Date: Wednesday, December 9th
  Cost: $95.00 per person
  Departure: 9:30 a.m. from former Clio Kmart
- **Midtown Men – Holiday Hits**
  Date: Saturday, December 12th
  Cost: $105.00 per person
  Departure: 4:30 p.m. from former Clio Kmart
- **'Twas the Night Before… Holiday Spectacle**
  Date: Thursday, December 17th
  Cost: $126.00 per person
  Departure: 4:30 p.m. from the former Clio Kmart
- **Temptations!**
  Date: Friday, December 18th
  Cost: $165.00 per person
  Departure: 4:00 p.m. from the former Clio Kmart
- **Christmas Mystery Trip**
  Date: Sunday – Tuesday; December 27th - 29th
  Cost: $680.00 per person double occupancy
  Departure: 7:30 a.m. from the City Lot across from the office
- **Detroit Auto Show**
  Date: Thursday, January 21st
  Cost: $70.00 per person
  Departure: 9:30 a.m. from Ollie's parking lot
- **Genitti's**
  Date: Tuesday, January 26th
  Cost: $95.00 per person
  Departure: 9:30 a.m. from Ollie's parking lot

Alzheimer's Support Group
Thursday, December 3rd - 2:00 p.m.
This group, facilitated by Dawn Shurter, is open to anyone caring for a family member or friend with either Alzheimer's Disease or some form of dementia.

Blood Pressure Check
Thursdays from 10:00 a.m. - 11:00 a.m.
No appointment necessary. Walk-Ins welcome!

Free Notary Services for Seniors 50 and Older
Roxanna Gay is a Notary Public and can seal your documents for you at no cost. **You need to call the Center to make an appointment. You must sign in the presence of the notary and bring your picture ID.**

Grief Support Group
Tuesday, December 8th & 29th - 2:00 p.m.
The Medical Team provides on-going grief support for anyone who has experienced the death of a loved one. Their purpose to provide education about normal grief reactions as well as a safe environment where feelings are validated and accepted.

Legal Assistance
Monday, December 14th
9:00 a.m.-12:00 p.m. & 1:00 p.m.-2:00 p.m.
If you are in need of assistance with a legal issue you can call the Senior Center office to schedule a free appointment to meet with Seth Neblock, an Elder Law Attorney from Legal Services of Eastern Michigan.

Loan Closet
We have Medical Equipment available to borrow which includes walkers, canes, and wheelchairs. Call the office if you are in need of medical equipment. Donations of some clean medical equipment accepted during regular business hours.

Medicare / Medicaid Questions?
Call **1-800-803-7174**. You will be connected to a call center that will direct you to local agencies such as Elder Law, Genesee Health Plan and MiGen assist you with your insurance needs.

Veterans Coffee Hour
Friday, December 4th & 18th - 9:30 a.m.
Join us for coffee, treats and conversation with your fellow veterans.

Veterans Services
Wednesday, December 23rd - 9:30 a.m. - 2:30 p.m.
Veterans, are you receiving all of the benefits you are entitled to? Call the center to schedule an appointment here at the center.

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•LICENSED & INSURED

Our Perspective | December 2026

These programs and/or services are fully or partially funded by Genesee County Senior Millage Funds. Your tax dollars at work.

Office Hours
Monday - Friday
8:00 a.m. - 4:00 p.m.

Flushing Area Senior Center
106 Elm Street, Flushing, MI 48433
www.flushingseniorcenter.com
Phone 810.659.4735 ~ Fax 810.659.4686

Greg Matheson, Executive Director
Roxanna Gay, Office Manager
Erin Faith, Office Assistance

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Activities 8:00 a.m. - 4:00 p.m. • Coffee Lounge • Exercise Station • Puzzle Lending Library • Book Lending Library	**1** 8:30 Exercise for Everyday Living 9:00 Shopping @ Bueches 9:30 Knit - Crochet - Craft 10:00 Basic Flow Yoga 11:30 Congregate Meal 12:30 Chair Volleyball 1:00 Euchre 1:30 Woodshop @ E.C.C. 2:00 Silver Sneakers 6:00 Poker	**2** 8:30 Flushing Artistic Gathering 9:30 Body Balance & Mobility 9:30 Watercolor Basics Class 9:30 Woodshop @ E.C.C. 11:00 Drums Alive 11:30 Congregate Meal 12:30 Color & Connect 1:00 Chair Yoga 1:00 Mah Jongg 1:00 Shopping @ Walmart 1:00 Writers Group 2:30 Ping Pong	**3** 8:30 Exercise for Everyday Living 9:00 Hand, Knee & Foot 10:00 Basic Flow Yoga 10:00 Blood Pressure Check 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 1:00 Euchre 1:00 Shopping @ Walmart 1:00 Tai Chi 1:30 Texas Hold'em 2:00 Alzheimer's Support Group 2:00 Bunco 2:15 Cornhole/Ladderball	**4** 9:30 Fly Tying 9:30 Veterans Coffee Hour 10:30 Body Balance & Mobility 11:30 Congregate Meal 12:30 Chair Volleyball 1:00 Mah Jongg 1:00 Penny Bingo 2:30 Ping Pong
7 8:30 Flushing Artistic Gathering 9:00 Beginning Line Dancing 11:00 Drums Alive 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 12:30 Dominoes 12:30 Woodcarving 1:00 Make It, Take It Card Class 5:30 Total Body Senior Fitness	**8** 8:30 Exercise for Everyday Living 9:00 Shopping @ Bueches 9:30 Knit - Crochet - Craft 10:00 Basic Flow Yoga 10:30 Senior Winter Games Informational Meeting 11:30 Congregate Meal 12:30 Chair Volleyball 1:00 Euchre 1:30 Woodshop @ E.C.C. 2:00 Grief Support Group 6:00 Poker CANCELLED- Silver Sneakers	**9** 8:30 Flushing Artistic Gathering 9:30 Body Balance & Mobility 9:30 Woodshop @ E.C.C. 10:00 Mobile Secretary of State 11:00 Drums Alive 11:30 Congregate Meal 1:00 Chair Yoga 1:00 Connecting Threads 1:00 Mah Jongg 1:00 Writers Group 2:30 Ping Pong	**10** 8:30 Exercise for Everyday Living 9:00 Hand, Knee & Foot 10:00 Basic Flow Yoga 10:00 Blood Pressure Check 10:00 Charcuterie Class w/Jay 11:30 Congregate Meal 12:00 Chair Massage 1:00 Euchre 1:00 Tai Chi 1:30 Texas Hold'em 2:00 Bunco 2:15 Cornhole/Ladderball CANCELLED- Pickleball @ E.C.C.	**11** 9:30 Fly Tying 10:30 Body Balance & Mobility 11:30 Congregate Meal 12:30 Chair Volleyball 1:00 Mah Jongg 1:00 Penny Bingo 2:30 Ping Pong

14 8:30 Flushing Artistic Gathering 9:00 Beginning Line Dancing 9:00 Legal Assistance 11:00 Drums Alive 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 12:00 Ladies Christmas Tea 12:30 Dominoes 12:30 Samba 12:30 Woodcarving 2:30 Gary Nickel Photography Class 5:30 Dinner w/Dale 5:30 Total Body Senior Fitness	**15** 8:30 Exercise for Everyday Living 9:00 Shopping @ Bueches 9:30 Knit - Crochet - Craft 10:00 Basic Flow Yoga 11:30 Congregate Meal 12:30 Chair Volleyball 12:30 Senior Women's Book Club 1:00 Euchre 1:30 Woodshop @ E.C.C. 2:00 Silver Sneakers 2:00 Karaoke 6:00 Poker	**16** 8:30 Flushing Artistic Gathering 9:30 Body Balance & Mobility 9:30 Woodshop @ E.C.C. 11:00 Drums Alive 11:30 Congregate Meal 12:30 Color & Connect 1:00 Chair Yoga 1:00 Mah Jongg 1:00 Writers Group 2:30 Ping Pong 3:15 Pickleball Informational Meeting @ FASC	**17** 8:30 Exercise for Everyday Living 9:00 Hand, Knee & Foot 10:00 Basic Flow Yoga 10:00 Blood Pressure Check 11:00 Pickleball @ E.C.C. 11:30 Congregate Meal 12:30 Strayed Quilters 1:00 Euchre 1:00 Shopping @ Meijer 1:00 Tai Chi 1:30 Texas Hold'em 2:00 Bunco 2:15 Cornhole/Ladderball	**18** 9:00 Shopping @ ALDI 9:30 Fly Tying 9:30 Veterans Coffee Hour 10:00 Tech Tutoring w/Sawyer 10:30 Body Balance & Mobility 11:30 Congregate Meal 12:30 Chair Volleyball 1:00 Mah Jongg 1:00 Penny Bingo 1:00 Shopping @ Meijer 2:30 Ping Pong
21 8:30 Flushing Artistic Gathering 9:00 Beginning Line Dancing 11:00 Drums Alive 11:30 Congregate Meal 11:45 Elmcrest/FCOC Shopping Trip 12:30 Dominoes 12:30 Woodcarving 5:30 Total Body Senior Fitness CANCELLED- Pickleball @ E.C.C.	**22** 8:30 Exercise for Everyday Living 9:00 Shopping @ Bueches 9:30 Knit - Crochet - Craft 10:00 Basic Flow Yoga 11:30 Congregate Meal 12:30 Chair Volleyball 1:00 Euchre 2:00 Woodshop Training @ FASC 2:00 Silver Sneakers 6:00 Poker CANCELLED- Woodshop @ E.C.C.	**23** 8:30 Flushing Artistic Gathering 9:30 Body Balance & Mobility 9:30 Veteran Services 11:00 Drums Alive 11:30 Congregate Meal 1:00 Connecting Threads 1:00 Chair Yoga 1:00 Mah Jongg 1:00 Writers Group 2:30 Ping Pong CANCELLED- Woodshop @ E.C.C.	**24** Center Closed 	**25** Center Closed
28 8:30 Flushing Artistic Gathering 9:00 Beginning Line Dancing 11:00 Drums Alive 11:30 Congregate Meal 12:30 Dominoes 12:30 Samba 12:30 Woodcarving 5:30 Total Body Senior Fitness CANCELLED- Pickleball @ E.C.C.	**29** 8:30 Exercise for Everyday Living 9:00 Shopping @ Bueches 9:30 Knit - Crochet - Craft 10:00 Basic Flow Yoga 11:30 Congregate Meal 12:30 Chair Volleyball 1:00 Euchre 2:00 Grief Support Group 2:00 Silver Sneakers 6:00 Poker CANCELLED- Woodshop @ E.C.C.	**30** 8:30 Flushing Artistic Gathering 9:30 Body Balance & Mobility 11:00 Drums Alive 11:30 Congregate Meal 1:00 Chair Yoga 1:00 Mah Jongg 1:00 Writers Group 2:30 Ping Pong CANCELLED- Woodshop @ E.C.C.	**31** Center Closed *On behalf of the FASC Staff and Board of Directors, we wish you a* ***Happy, Healthy New Year!***	

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Contact Amanda Scott
ascott@4LPi.com
(800) 950-9952 x1054

Arts, Crafts, Clubs & Other

Chair Massage
Thursday, December 10th - 12:00 p.m. - 3:30 p.m.
Chair massages are given by certified massage therapist: Mary Ann Orme. During a chair massage you stay fully dressed and experience a massage for your shoulders, neck, arms, back, legs, hands and feet. The cost is $7.00 for 10 minutes. **Appointments are accepted on the first business day of the month.**

Color & Connect
Wednesday, December 2nd & 16th - 12:30 p.m.
Join us for a relaxing adult coloring group. Supplies are provided, and no artistic experience is needed.

Connecting Threads
Wednesday, December 9th & 23rd - 1:00 p.m. - 3:30 p.m.
The "Connecting Threads" Needlework & Crafts Group meets from 1:00 p.m. to 3:30 p.m. Bring a project to work on and join us!

Flushing Artistic Gathering
Each Monday & Wednesday at 8:30 a.m.
Whether you use watercolors, acrylics, colored pencils or markers, this event is for you All mediums welcome with the exception of oils. Learn new tricks and techniques from others and meet new friends. Bring your own painting supplies. Coloring supplies are available. All experiences are welcome!

Fly Tying
Each Friday at 9:30 a.m.
This group gets together to tie flies for fly-fishing. You must bring your supplies, be with some friends as you tie!

Knit - Crochet - Craft
Each Tuesday at 9:30 a.m.
Bring your own projects to work on, share your ideas and talk about your projects with each other. Some knit afghans or dishcloths, others crochet baby sweaters or scarves. Some do embroidery, cross stitch, or needlepoint. Some simply enjoy sitting and chatting! There is no teacher, but there is always someone willing to help you with your project questions or problems. Please join us!

Lending Library
Gently-used books available to lend out in the Lending Library located in the West Wing coffee lounge. Come browse the wide selection of books available to borrow. Donations of new or gently-used books are always welcome.

Make It, Take It Card Making Class
Monday, December 7th at 1:00 p.m. - Cost -$12.00
Instructor: Rosemary Magley
Samples of this month's cards are on display in the lunchroom. Bring your own scissors and adhesive. If needed, you can purchase adhesive from Rosemary. Additional cards are available to purchase on class day.

Senior Women's Book Club
Tuesday, December 15th at 12:30 p.m.
Members take turns choosing a book they think will be interesting for the group to discuss. Books include all genres. Copies of the chosen book are usually provided through the GDL Bag of Books program.

Strayed Quilters
Thursday, December 17th at 12:30 p.m.
This group makes quilts at home then brings them to the monthly meetings to donate to Project Linus.

Tech Tutoring w/Sawyer - FREE!
Friday, December 18th - 10:00 a.m. - 12:00 p.m.
Sawyer can assist with smartphones, laptops, other electronics and basic computer skills. Call to make an appointment. Reservations are accepted on the first business day of the month.

Woodcarving
Each Monday at 12:30 p.m.
This group works mostly with bass wood using a variety of carving tools. The group has many experienced woodcarvers willing to share techniques and advice on whatever project you are working on. Newcomers to woodcarving are welcome!

Woodshop @ ECC
Tuesdays - 1:30 p.m. - 4:00 p.m.
Wednesdays - 9:30 a.m. - 12:00 p.m.
The woodshop is located at the Early Childhood Center is open during the school year. Available equipment includes a table saw, lathe, planer, jointer, belt sander, disc sander, miter saw, router table and drill press. Talented members are available to help with equipment and projects!

Woodshop Safety Training @ FASC
Tuesday, December 22nd - 2:00 p.m. - 3:30 p.m.
Using the Woodshop requires you to complete our safety training course at the center as well as have an annual criminal background check completed. No RSVP required.

Writers' Group
Each Wednesday at 1:00 p.m.
We are a gathering of men and women who share writings of life experiences, interests and more. This can include journals, poems, short stories and readings. Writing prompts are available.

FYI

Old Newsboys of Flint

The Old Newsboys of Flint are collecting the following for children newborn to age 18: hats, scarves, mittens, gloves, books, toys, games, stuffed animal, school supplies, fleece blankets, socks, and underwear.

You can also sponsor a child for $20. Donations can be dropped off at the center up through Friday, December 18th.



COLD AND FLU SEASON IS HERE!

As we head into cold and flu season, we kindly ask everyone to stay home if you're experiencing symptoms such as coughing, sneezing, or sinus congestion. Let's do our part to keep our fellow members healthy and safe.

Thank you for your consideration!

December Birthdays

Rick Allie
Bob Asplund
Karen Barney
James Bedard
Lori Bialkowski
Ann Bol
Sherry Bradish
Sharon Bradley
Donna Bradshaw
Donna Bradshaw
Karl Braun
Pamela Brown
Sheila Bruce
Diane Bruner
Jim Carlson
Janet Carnell
Joan Christilaw
Lynette Clark
Laura Collins
James Cooke
Dave Cowden
Jeffery Craig
Aaron Davenport
Susan Davenport
Sally Davidek
David Delaney
Martha Dickerson
Mishael Dickerson
Laura Doyle
Ron Dufresne

Mervin Eggert
Elaine Elbing
Will Ellis
Diva Fares
Gail Firman
Marta Fisher
Elizabeth Fonger
Michelle Fortelka
Terry Fraser
Kim Frazho
Kathy Fredrick
Geri Gillam
Rosemary Gleason
Jackie Good
Lorene Goss
Bethany Goss-Robbins
Elizabeth Granger
Trudy Grindstaff
Theresa Haynes
Kay Heil
Diane Hendrick
Edward Hendriksen
Betty Hernandez
Elmer Hillard
Vicki Holcomb
Claudia Howe
Caswell Judy
Karla Keith
Wilma Kingsley
Lyn Kleimola

Kenneth Koffkey
Robert Krueger
Michael Kruse
Bruce Kuehnemund
Karl Kuenn
John Launstein
Jennifer Lee
Richard Lee
Mike Mazar
Stephen Mazor
Bob McDonald
Shirley McFadden
Jonathan McIntosh
Betty McLaughlin
Brad Medina
Margaret Meehle
Pam Merrifield
Kristen Mignerey
Ernest Miller
Vicki Miller
Kendra Minton
John Mrozik
Annette Mulholland
Karen Munn
Randy Murray
Carolyn Nelson
Robert Nelson
Reita Newell
Cindy Norrow
Carol O'Neil

Eileen O'Rourke
Nancy Orrison
Tom Orrison
Joan Pajtas
Ted Paul
Rozanna Pavia
Roy Peterson
Sally Petropoulos
Linda Petzold
Carol Pfaff-Dahl
Lydia Phillips
Jim Pierson
Irene Pilinyi
Stanley Polcik
Susan Poletti
Suzanne Poletti
Marcia Reel
Sue Rhodes
Mark Sabourin
Kristina Sanchez
Holly Schneider
Tim Seaman
Rick Selling
Cathy Skinner
Toni Sleva
Casper Smith
Mary Smith
Sue Smith
Suzanne Smith
Suzanne Smithson

Fran Snider
Sue Sodeman
Shirley St. John
Auttum Stahl
Jan Staley
Judy Stutzman
Sherry Summers
Michael Sushynski
David Sutton
Connie Taylor
Shelley Taylor
Lynn Tekiele
Fred Thomas
Shelley Thompson
Carol Topolinski
Mary Trevarrow
Elaine Tucker
Laura Vert
Becky Wallis
Karin Warren
Gerald Wellman
Jeffery Wellman
Dinah Wells
Kerry Whalen
John Wiecjorek
Carole Wilber
Andrea Wolf
Barb Zintsmaster

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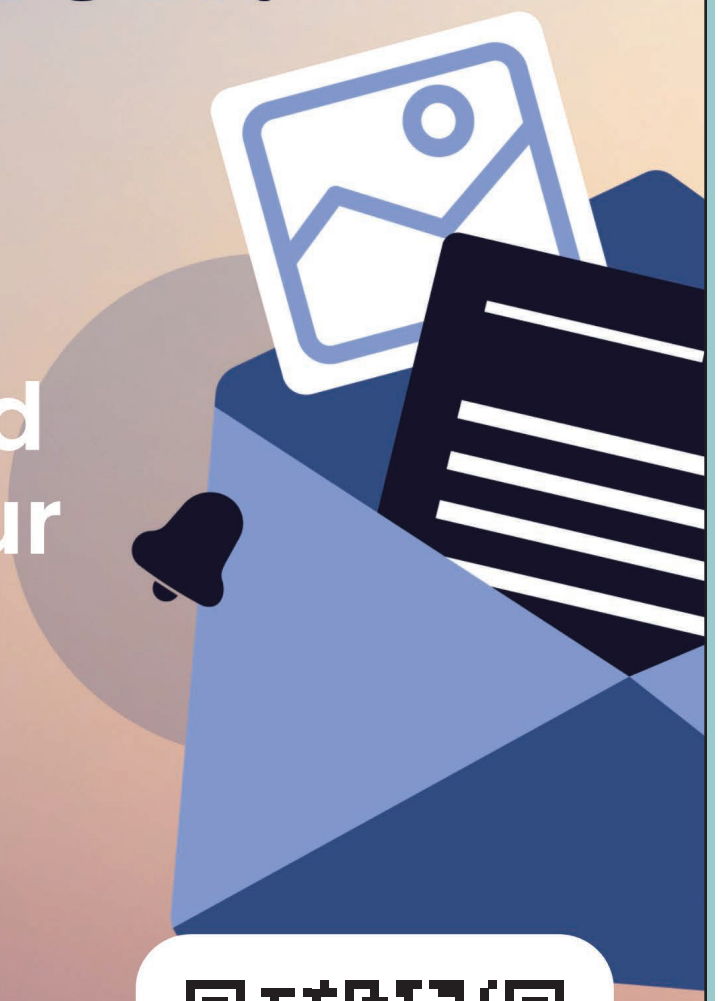

Scan to subscribe on MyCommunityOnline.com

FYI

FASC WINTER WEATHER CLOSING POLICY

Living in Michigan, we all know how quickly winter weather can impact our daily activities and schedules.

Because every storm and weather situation is different, we encourage you to check the following sources for the latest updates regarding potential FASC closures:

- **Local Television Stations**
- **FASC Website**
- **FASC Facebook Page**
- **Email from FASC**

Please check these sources before heading to the center during inclement weather.

Thank you for your understanding, and please stay safe this winter!

COME ALONG FOR THE RIDE!

FASC is looking for volunteer bus drivers to help serve our community!

- **Advance training will be provided.**
- **Participants are required to complete a background check.**

Interested in making a difference? Please contact the center at (810) 659-4735 for more information. Your time and willingness to help can make a meaningful difference! ❤️



DECEMBER CONGREGATE MENU

Menu Subject to Change Based on Product Availability and Quality Standards

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Meatloaf w/gravy Redskin potatoes-4 oz Sweet Peas-4 oz Fresh Apple-1 ea Corn Bread Margarine 100% Fruit Juice-4 oz	2 HM Lasagna Soup Steamed Broccoli Baby Carrots Garlic Stick Margarine Honey Dew & Cantelope Milk	3 **BBQ Pork Burger** **Potato Wedges** **Green Beans** **Fruit Cocktail-4 oz** **WG Bun** **Margarine** **100% Fruit Juice**	4 Baked Fish-1 ea Au Gratin Potatoes-4 oz Cole Slaw -4 oz Potato Roll Fresh Orange Margarine Milk
7 Beef Tacos Spanish Rice Roasted Mexi Corn Diced Peaches Tortilla Shells (2) Milk	8 HM Beef Stew w/Peas, Carrots, Potatoes Italian Green Beans Fresh Apple margarine Biscuit 100% Fruit Juice	9 HM Chicken Chili Steamed Broccoli Diced Carrots (4 oz) Diced Pears (4oz) Bread Stick(1 ct) Margarine (1 ct) Milk	10 HM Stuffed Green Pepper Vegetable Blend-4 oz Steamed Cauliflower-4 oz Pineapple Chunks-4 oz WG Crackers Margarine 100% Fruit Juice-4 oz	11 Salisbury Steak in gravy Steamed Spinach-4 oz Corn-4 oz Tropical Fruit-4 oz Multi - Grain Roll Margarine Milk
14 Chicken Parmasan-1 ea Steamed Spaghetti-2 oz Veggie Blend Whole Grain Garlic Bread-1 ct Margarine-1 ct Diced Pears-4 oz Milk	15 CHEF' S CHOI CE	16 Antipasto Salad w/ Ham, Pepperoni & Salami Fresh Broccoli w/dip Sliced Pears-4 oz Wheat Roll Salad Dressing Milk	17 Glazed Pork Chop Roasted Veggie Medley Green Beans Fresh Golden Delicious Apple Wheat Roll & Margarine 100% Fruit Juice	18 Country Style Chicken Sweet Peas Diced Potatoes Dinner Roll Margarine Applesauce Milk
21 Steak Fajitas Chuck Wagon Veggies Cilantro Lime Rice Tortilla Shell Taco Sauce Pineapples-4 oz Milk	22 HM Mac & Cheese-8 oz French Cut Green Beans-4 oz Tomatoes & Zucchini 4 oz Mixed Fruit Potato Roll Margarine 100% Fruit Juice	23 HM Chicken Salad 3 Bean Salad Fresh Baby Carrots Sliced croissant Ranch Dressing Cup Fruit Cocktail-4 oz Milk	24 Christmas Eve	25 Merry Christmas
28 Baked Chicken Breasts w/ Stewed Vegetables-8 oz Lima Beans-4 oz Mandarin Oranges-4 oz Potato Roll Margarine 100% Fruit Juice	29 HM Sloppy Joes Sliced Potatoes w/Peppers & Onions Corn Fresh Apple WG Bun Margarine 100% Fruit Juice	30 BBQ Chicken Thighs Roasted Brussel Sprouts Mixed Vegetables-4 oz Diced Pears-4 oz Hawaiian Roll Margarine-1 ea Milk	31 ✦ HAPPY ✦ NEW YEAR'S EVE 2026 ★ CELEBRATE ★	Valley Area Agency On Aging Answers, Action & Advocacy for All Things Senior GENESEE COUNTY MICHIGAN

PLEASE CALL THE DAY BEFORE 1:00 P.M. TO ORDER LUNCH – (810)659-4735
YOU ARE ABLE TO ORDER MULTIPLE DAYS IN ADVANCE!

FASC General Information

The Flushing Area Senior Center

106 Elm Street, Flushing MI 48433
Phone: 810.659.4735
Fax: 810.659.4686
Email: greg@flushingseniorcenter.com
Website: www.flushingseniorcenter.com

Center Hours

Monday through Friday - 8:00 a.m. - 4:00 p.m.

Office Staff

Greg Matheson	Executive Director
Roxanna Gay	Office Manager
Erin Faith	Office Assistant

Board of Directors

Michael Stanton	Chairperson - At-Large Member
Sharri Willette	Co-Chair - Flushing Township
Marie Zuk	Secretary - City of Flushing
Sharon Vance	Treasurer - At-Large Member
Lois Nickel	At-Large Member
Eric Johnson	City of Flushing
Sue Leonard	City of Flushing
Mary Smith	City of Flushing
Richard Wagonlander	City of Flushing
Shelley Thompson	Clayton Township
Joan Stone	Flushing Township
Terry Pattillo	Flushing Township

Upcoming Board Meetings

Tuesday, January 26th	7:00 p.m.
Tuesday, March 23rd	7:00 p.m.

Flushing Area Senior Center Funding Sources

The majority of funding is from the Genesee County Senior Millage. Other Funding Sources are: City of Flushing, Charter Township of Flushing, United Way of Flushing, Member Contributions, Memorial Donations and Fundraisers.

Memorial Donations

Memorial Donations to the Flushing Area Senior Center are a nice way to create a lasting memory in remembrance of a loved one, family member or friend. Donation envelopes are available at the Center or at area funeral homes. The Flushing Area Senior Center is a private, non-profit organization and all of the donations are tax-deductible.

LIKE US ON facebook

AVAILABLE NOW!
PRINT & DIGITAL AD SPACES

Build your business and help us grow a vibrant community!

Larry Burgett from LPi, our newsletter printer, will be securing new ads for our center in the coming weeks. As a valuable member of the business community, we invite you to expand your reach and grow your business with a print ad in our newsletter and/or a digital ad featured on MyCommunityOnline.com.



Larry Burgett
(440)983-9133
Lburgett@4Lpi.com

FASC BUS SCHEDULE

Shopping @ ALDI
3rd Friday of each month @ 9:00 a.m.

Shopping @ Bueche's
Each Tuesday @ 9:00 a.m.

Shopping @ Flushing Christian Outreach Center
3rd Monday of each month
Depart from Elmcrest Village Apartments @ 11:45 a.m.

Shopping @ Meijer - Swartz Creek
3rd Thursday & Friday of each month
Depart @ 1:00 p.m. / Return @ 3:00 p.m.

Shopping @ Walmart - CLIO
1st Wednesday & Thursday of each month
Depart @ 1:00 p.m. / Return @ 3:00 p.m.



SUGGESTED DONATION PER ROUND TRIP - $3.00

Available Monday-Friday for residents living within the Flushing School District.

Please call the Center at least one day in advance for a ride. Please be ready when the bus arrives. Cancellations should be made by contacting the Center in a timely manner. The Center retains the right to revoke any rider for any reason from the program.

Our bus is not equipped for wheelchair transportation and our volunteer drivers are not qualified to care for dependent Seniors: therefore, riders must be able to enter and exit the bus without assistance. We are not designated for emergency assistance. Riders are required to follow all safety regulations when riding on the bus.

Flushing Area Senior Center
106 Elm Street
Flushing, MI 48433

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Flushing, MI
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If the date under your address is highlighted, it means it's time to renew your optional membership donation of $12.00.

These programs and/or services are fully or partially funded by Genesee County Senior Millage funds. Your tax dollars are at work.



(Actual Meal!)

ENJOY A DAILY LUNCH AT THE FLUSHING AREA SENIOR CENTER!

Daily congregate lunch is available Monday through Friday from 11:30 a.m. to 12:30 p.m.

AGES 60 AND OVER: $3.00 SUGGESTED DONATION
AGES 50-59 AND ALL NON-GENESEE COUNTY RESIDENTS ARE REQUIRED TO PAY $6.00

Reservations required. Call the Center at 810-659-4735 by 1:00 p.m. the weekday before to place your lunch order. See page 11 for full menu.