

JULY CONGREGATE MENU

Menu Subject to Change Based on Product Availability and Quality Standards				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Stuffed Peppers Sliced Beets Diced Carrots Pineapple Tidb. WW Roll Margarine Milk 		Grilled Chicken Sandwich Chuck Wagon Vegetables Chopped Broccoli WG Bun Mixed Fruit Cup Margarine/Mayo Milk	Polish Sausage Battered Potato Sliced Carrots WG Hotdog Bun Strawberry Applesauce Margarine 100% Fruit Juice 	Ravioli w/Shrimp & Sauce Steamed Broccoli Roasted Veggies Garlic Roll Fruit Cocktail Margarine Milk
10	11	12	13	14
Meatball Sub w/cheese Sweet Peas Diced Potatoes Sub Bun Fruit Cup Margarine Milk	Chef Salad w/Romaine Turkey, Eggs & Cheese Carrots Sticks Diced Pear Wheat Roll Salad Dressing 100% Fruit Juice 	Tangerine Chicken w/Rice Green Beans Diced Carrots Hawaiian Roll Applesauce Fortune Cookie Milk	HM Sloppy Joes Garden Blend Veggie Pasta Cauliflower WG Bun Golden Apple Margarine 100% Fruit Juice	Chinese Pepper Steak w/Rice Succotash Mixed Fruit Cup Potato Roll Margarine Milk
17	18	19	20	21
Honey Glazed Chicken Breast Lima Beans Scalloped Potatoes Corn Muffin Fresh Apple Margarine Milk	Turkey Tetrazzini Riviera Blend Veggies Steamed Cauliflower Dinner Roll Pineapples Margarine 100% Fruit Juice	Pub Burger w/Cheese Potato Salad Veggie Blend WW Bun, Mayo, Mustard Fruit Salad Lettuce, Tom Milk 	Turkey & Cheese Sub Fresh Snap Peas Fresh Cauliflower WG Bun-Fresh Pear Birthday Cake Mayo, Mustard, Veggie Dip 100% Fruit Juice	Mac & Cheese French Cut Green Beans Corn Potato Roll Margarine Fresh Banan Milk 
24	25	26	27	28
HM Chicken Salad Sandwich Grape Tomatoes 3 Bean Salad Sliced Croissant Fruit Cocl Milk 	BBQ Pulled Pork Cole Slaw Baked Beans Wheat Bun Peaches Milk	Fiesta Lime Chicken Roasted Corn & Black Beans Brown Rice Peaches Flatbread Margarine Milk	Philly Chicken w/Cheese Diced Potatoes Normandy Blend Vegetables Wheat Sub Bu Tropical Fruit Margarine-Cc 100% Fruit Juice 	Oven Fried Fish Au Gratin Potatoes Tomatoes & Zucchini Hawaiian Roll Diced Peaches Margarine & Tartar Sauce Milk
31				
HM Deluxe Fried Rice w/ Beef, Chicken, Ham & Peas and Carrots Steamed Broccoli Fresh Orange Breadsticks Margarine Milk				

PLEASE CALL THE DAY BEFORE 1:00 P.M. TO ORDER LUNCH – (810)659-4735